Tri-Cities O Chamber of Commerce

COQUITLAM | PORT COQUITLAM | PORT MOODY | ANMORE | BELCARRA

BUSINESS MATTERS





Chamber Programs Foster connections, develop skills, and more! page 10









2023



Protect Your Employees Canada's #1 benefit plan page 23

EVENTS & NETWORKING MEMBERSHIP & BENEFITS BUSINESS DIRECTORY



Be a financial force for change.

Economic resilience. Helping you, your business and community thrive. Climate action. Working towards a clean economy for all. **Financial inclusion.** Expanding financial opportunity to everyone.

Visit Vancity.com to join.

Vancity



Call Ken Addison, President of Nexus Insurance Brokers 604-420-2501

nexusinsurancebrokers.com



604-420-2501 ken@nexusinsurancebrokers.com

Is This The Year To Get Your Business Insurance Reviewed?

We Will Make Sure You Get Business Insurance That Provides:

Excellent Coverage

Great Advice

Fair Premiums









EVENTS & NETWORKING • MEMBERSHIP & BENEFITS • BUYERS GUIDE DIRECTORY

TABLE OF CONTENTS

Message from the CEO7
About the Tri-Cities Chamber8
Join the Chamber8
Advocacy in Action9
Chamber Programs10
Tri-Local Collective12
Connect with Your Chamber13
Signature Events14
Chamber Ambassadors16

FEATURE STORY:

Tri-Cities Chamber signs landmark joint membership agreement with Downtown Port Coquitlam BIA 18



#205 - 2773 Barnet Hwv, Coquitlam BC V3B 1C2 Phone: 604.464.2716 | Fax: 604.464.6796 tricitieschamber.com



Printing & Production: Tri-City News 103A - 81 Golden Drive, Coguitlam, BC V3K 6R2

Doing Business in Coquitlam 20

Doing Business in Port Moody ... 22

Port Coquitlam

Doing Business in Anmore

Chambers of Commerce Group

by Category24

Insurance Plan

and Belcarra.....

Membership Directory

Doing Business in

The Tri-Cities Chamber Business Matters Magazine is published annually as the official roster of the Chamber. The Tri-Cities Chamber has attempted to accurately represent all its Members in this directory. However, the Tri-Cities Chamber or The Tri-City News cannot guarantee the correctness of all information, nor the complete absence of errors and omissions, therefore no responsibility for the same can be assumed. Appropriate Use Guidelines: The Tri-Cities Chamber of Commerce encourages all its members to shop in our local community and to support other members where possible. We further encourage using this directory as a business resource tool and reference

As the directory contains significant contact information, we ask our members to use the data appropriately and to avoid using the contents as a tool to 'blanket email' the membership at large. Many of our members are inundated by unwanted solicitations or advertisements, increasing time and costs to their business. While we

cannot control what outside agents choose to do, we ask our members to respect other members in the appropriate use of electronic communications. In addition to encouraging the adoption of the "appropriate use guidelines", the Chamber no longer makes our database available for purchase. We appreciate your cooperation in this matter

BOARD OF DIRECTORS

CHAIR Jenifer Wright Westwood Plateau Golf & Country Club VICE-CHAIR Daniel Richardson BTM Lawyers LLP

TREASURER Ryan Gorder, CPA, CA MNP

PAST CHAIR Ryan Whittle, CPA, CA Areti LLP

EX OFFICIO, NON-VOTING Leslie Courchesne Tri-Cities Chamber of Commerce DIRECTORS

Chris Chong

Butter Studios Mike Forrest Forrest Marine Ltd.

....21

Adel Gamar Gamar Leadership Group

Ryan Jamieson Coquitlam Public Library

Jennifer Mckinnon Creating Culture / Downtown Port Coquitlam Business Improvement Association

Kathryn Millar Indigenous Worx

Reihaneh Mirjani Immigrant Link Centre Society / Soul Bite Food

Pulkit Sharma Peter Kiewit Sons ULC

Vivien Symington Club Aviva

Vineet Verghese RBC Royal Bank

CHAMBER STAFF TEAM

Leslie Courchesne Chief Executive Officer

Christina Brown Manager, Operations

Sandra Jette Manager, Marketing & Membership Experience

Nicole Lauzon Manager, Membership

Camelia Maxim Administration Lead

Chloe Wan Manager, Events





James has been a proud member of this community for over 40 years, including being President of the Coguitlam Junior and Minor Adanacs Lacrosse Club since 2007. Wherever your home needs a little custom organization, James is here to help. From closets to mudrooms, offices to garages... and every room in between. Go from chaos to calm with STOR-X Organizing Systems.

CLOSET | GARAGE | PANTRY | OFFICE | LAUNDRY | KIDS | MUDROOM | KITCHEN | MORE

100% CANADIAN MADE. **OWNED & OPERATED**

James Abbott | Owner

CONTACT US TO SCHEDULE A FREE IN **IN-HOME OR VIRTUAL DESIGN CONSULTATION**

STOR-X.COM



THE TRI-CITIES CHAMBER OF COMMERCE

MESSAGE FROM THE CEO

The Tri-Cities Chamber of Commerce is very pleased to provide you with our 2023 Business Directory, Business Matters, in partnership with the Tri-City News. Thank you for taking the time to look through its valuable information and member listings to help your business connect and grow.

For more than 50 years, the Tri-Cities Chamber has served to strengthen business and community in Coquitlam, Port Coquitlam, Port Moody, Anmore, and Belcarra. Our members joining together in this shared purpose has never been more essential, as we continue to face complex economic, social, and environmental challenges.

To our member businesses, thank you for continuing to support your Chamber. We are here for you, advocating to all levels of

government on your behalf, and providing you with timely information and resources. We deliver opportunities to promote your business, hear from experts, connect and network with each other, and take advantage of benefits and savings to help your bottom line.

Last but not least, thank you to all of our board members, ambassadors, and volunteers who contribute their leadership and time to keep our Chamber strong, and to our exceptional staff team. My sincere appreciation as well to all members who have advertised within this guide, to help make this publication possible.

We look forward to supporting our valued members and partners throughout 2023.

Leslie Courchesne Chief Executive Officer

PILLAR PARTNERS

Chambers Plan **Employee Benefits**



The Tri-Cities Chamber gratefully acknowledges that we operate on the ancestral and unceded homelands of the k^wik^waλam (Kwikwetlem), salilwatat (Tsleil-Waututh), x^wmaθk^wayam (Musqueam), Skwxwú7mesh (Squamish), dicey (Katzie), q'wa:ň λ'eň (Kwantlen), qiqéyt (Qayqayt), and Stó:lō (Sto:lo) Peoples.







TRI-CITIES CHAMBER MEMBERSHIP INFORMATION

JOIN THE TRI-CITIES CHAMBER

You are a small business. A medium business. A big business. Or maybe you're a 'just me' business.

Our Chamber is 1,000+ member organizations strong, representing 25,000 employees, and we've been working with businesses in the Tri-Cities for more than 50 years. Our goal is to support you and your business.

ADVOCACY

As the voice for businesses in Tri-Cities, we help you cut through the red tape and advocate on your behalf, shaping policy at all levels of government.

BENEFITS

It pays to be a member — literally. Gain access to exclusive business benefits and cost savings, such as savings on group insurance, office supplies, and more.

CONNECTIONS

Stay connected and join an engaged community of more than 1,000 businesses: build relationships with members and the community, meet future clients, and showcase your business.

INTERESTED IN MEMBERSHIP?

Give us a call at 604-464-2716 or email our Membership Manager, Nicole Lauzon, at membership@tricitieschamber.com. Visit tricitieschamber.com/membership-tiers to learn more.

ABOUT THE CHAMBER

Shaping business and our community through genuine connections, active education, and effective government advocacy for our members.

Established in 1971 by combining three separate Chambers in our region, the Tri-Cities Chamber of Commerce is a not-forprofit organization incorporated under Canada's Boards of Trade Act.

As the voice of business for the Tri-Cities, we represent organizations in Coquitlam, Port Coquitlam, Port Moody, and the Villages of Anmore and Belcarra, spanning a variety of industries, specialities, and interests. Our members include the community's biggest employers, and small and medium-sized businesses, as well as non-profits, home-based entrepreneurs, and more.

The Chamber focuses on strong public policy that supports local prosperity, being a visible and approachable presence in the community, and ensuring that the value of membership is the best investment businesses can make. We are proud members of the BC and Canadian Chambers of Commerce.





OUR VISION

To be the voice and essential resource of a thriving business community.

OUR CORE VALUES

Leadership, service excellence, integrity, and innovation

TRI-CITIES CHAMBER MEMBERSHIP INFORMATION

ADVOCACY IN ACTION

As the voice of business for Coquitlam, Port Coquitlam, Port Moody, Anmore and Belcarra, the Tri-Cities Chamber of Commerce advocates on behalf of its members with all levels of government, on issues that affect business, community, and economic prosperity in our region.

We are an active member of the BC Chamber of Commerce, which represents the interests and concerns of Chambers and businesses across the province, as well as the Canadian Chamber of Commerce, which speaks for

more than 175,000 businesses on national and international issues.

Government relations and advocacy in the past year included COVID-19 business recovery, inter-provincial trade barriers, labour shortages, infrastructure investments, supply chain challenges, local development proposals, and more. We hosted our Annual Economic Summit in May. We also ensured access for our members to speak directly to political leaders through Town Halls with federal ministers, parliamentary secretaries, and MPs,



The Tri-Cities Chamber advocates on behalf of its members with all levels of government.







BC Minister of Finance, monthly Mayor's Coffee Talks, the annual Mayors BBQ, and All Candidates Meetings for Coquitlam, Port Coquitlam, and Port Moody in advance of the municipal elections.

The Tri-Cities Chamber participated in the BC Chamber of Commerce and Canadian Chamber of **Commerce Conventions and** policy debates, resulting in the annual policy manual that sets out advocacy efforts for the year (in addition to emerging issues), available on our website.









CHAMBER PROGRAMS / CONNECT / ENGAGE / THRIVE

CHAMBER PROGRAMS / CONNECT / ENGAGE / THRIVE

PROGRAMS

Our programs are designed to foster connections, develop skills, expand knowledge, and strengthen our business community. Through our programs, the Chamber aims to keep members of the Tri-Cities businesses community connected, engaged, and thriving.

Visit tricitieschamber.com/programs to learn more about our programs and how you can get involved.

WOMEN IN BUSINESS



The Women in Business Program is composed of accomplished female professionals, emerging leaders, and young self-starters. Our goal is to connect our members with other businesswomen, supporters, and allies, to further their achievements and reach their goals.

TRAVEL PROGRAM

The Chamber and Indus Travel have teamed up to offer a one-of-a-kind travel networking opportunities. Build deep, authentic connections with your fellow Chamber members while you visit historic cities, famous landmarks and cultural icons.

CHAMBER TALKS

This speaker series is geared for Chamber members to share valuable insight and expertise to help fellow members flourish. These educational speaking opportunities provide profile for members while learning from each other.





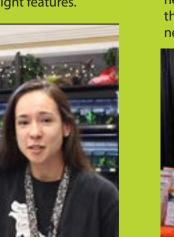
TRI-CITIES YOUNG PROFESSIONALS



TD BUSINESS SPOTLIGHTS

SAM HEMPHILL

The Chamber has partnered with TD Bank to highlight our members and their businesses by sharing local business stories with the Tri-Cities community through video spotlight features.



The TCYP (Tri-Cities Young Professionals) Program provides ambitious Tri-Cities professionals under the age of 40 with the opportunity to build, impact, and grow together. Our goal is to grow and maintain a vibrant and connected business community that is filled with the next generation of decision-makers.

#SHOPCHAMBER

#ShopChamber is our member-to-member discount program which encourages shopping locally at member businesses. The program also helps participating member businesses increase their brand awareness, as well as grow their networks and referrals.



TRI-LOCAL COLLECTIVE



The Tri-Cities Chamber is proud to be a lead member of the Tri-Local Collective — a collective effort to support local businesses in the Tri-Cities.

Together with the three Cities, the Tri Cities Chamber, **Austin Heights Business Improvement Association**, **Downtown Port Coquitlam Business Improvement** Association, Port Moody & Co, Tri-City News, and Shop Local Port Moody are working collectively to educate and motivate our community to support Tri-Cities.

Join us for Taste of the Tri-**Cities February 17 to March** 12, 2023! Past initiatives have included Shop Local campaigns, Savour the Summer, and more.

TRI-LOCAL PARTNERS

austin heights

Austin Heights BIA austinheights.ca

PORI

MOODY

400

Port Moody & Co

portmoodyandco.com



Downtown Port Coquitlam BIA downtownpocobia.com



Shop Local Port Moody shoplocaportmoody.ca



Tri-Cities

Chamber

Strong business. Strong communities.

Tri-Cities Chamber

tricitieschamber.com

Tri-City News tricitynews.com

Coouitlam

City of Coquitlam

City of Port Coquitlam

COQUITLAM



City of Port Moody



CONNECT WITH YOUR CHAMBER

ABOUT US

The Tri-Cities Chamber of Commerce is here for you! Connect with us to learn more about the Chamber and how we can help by calling the Chamber office at 604-464-2716, emailing us at info@tricitieschamber.com, or introducing yourself to one of our Board Directors, Chamber Ambassadors, or team members at an upcoming event.

2023 BOARD OF DIRECTORS



2023 Chamber Board of Directors celebrating the Chamber's milestone of 1,000 member businesses. L to R front row: Kathryn Millar, Reihaneh Mirjani, Vivien Symington, Mike Forrest. Back row: Ryan Gorder (Treasurer), Pulkit Sharma, Jennifer McKinnon, Daniel Richardson (Vice Chair), Leslie Courchesne (CEO, non-voting), Jenifer Wright (Chair), Ryan Whittle (Past Chair), Ryan Jamieson, Chris Chong. Not pictured: Adel Gamar, Vineet Verghese





Leslie Courchesne **Chief Executive Officer**



Nicole Lauzon Manager, Membership

Christina Brown Manager, Operations



Camelia Maxim Administration Lead







Sandra Jette Manager, Marketing & Membership Experience



Chloe Wan Manager, Events

SIGNATURE EVENTS

CONNECT

The Tri-Cities Chamber of Commerce hosts a number of signature events each year. These pillar events are the cornerstone of our organization and contribute to our collective success.

These events are extremely well-attended with members and sponsors saving the date months in advance. If you're looking to connect with influential business leaders in the Tri-Cities, these are the events to attend.

Visit tricitieschamber.com to explore our events calendar.

INTERNATIONAL WOMEN'S DAY | MARCH

Each year, the Chamber hosts an International Women's Day event, celebrating the achievements women have made locally, provincially, and federally.



GOLF CLASSIC | JUNE

The Golf Classic brings together business leaders from across Metro Vancouver for an outdoor networking experience like no other.

14 Tri-Cities Chamber Business Matters Magazine 2023





BUSINESS EXCELLENCE AWARDS GALA | APRIL

Every year, the Business Excellence Awards publicly recognize outstanding businesses, organizations, and individuals that demonstrate excellence in business and a passion for the community. The annual Business Excellence Awards Gala is our premier event of the year, bringing together over 400 guests to celebrate business excellence in the Tri-Cities.

ECONOMIC SUMMIT | MAY

The Economic Summit is a gathering of renowned business leaders and visionaries, bringing together some of the best minds in Canadian business.



MAYORS' BBQ | SEPTEMBER



The Mayors' BBQ brings the Tri-Cities business community together for an evening of delicious BBQ, networking, and connecting with our local mayors.

SIGNATURE EVENTS

BECOME AN EVENT SPONSOR

Increase your brand recognition and reach an active and engaged business community by becoming an event sponsor. To learn about upcoming opportunities, contact us at 604-464-2716 or email membership@ tricitieschamber.com for more information.

BUSINESS SHOWCASE | OCTOBER

During Small Business Week, the Chamber hosts an annual Business Showcase to connect business owners, employees, and community members with each other and the Tri-Cities community.



TCYP SOIRÉE | FALL



Each year, the TCYP (Tri-Cities Young Professionals) Program hosts a glamourous evening of celebration as we commemorate outstanding young Tri-Cities professionals with our Top to Watch awards.

ANNUAL GENERAL MEETING NOVEMBER

Every year the Tri-Cities Chamber hosts its Annual General Meeting where members can network, enjoy drinks and appetizers, and vote in our Board of Directors for the upcoming year.



HOLIDAY LUNCHEON | DECEMBER



The Chamber's jolliest event of the year provides an opportunity for the Tri-Cities business community to celebrate with their team over a delicious turkey feast with all the trimmings.

CHAMBER AMBASSADORS

ABOUT

Our Chamber Ambassadors are a team of respected professionals from various backgrounds who serve as a liaison between the Tri-Cities Chamber of Commerce, its members, and the community as a whole.

They are a familiar face at our events, your go-to source on making the most out of a Chamber membership, help to increase general awareness of the Chamber and its opportunities, and much more.



Mehran Aazamifard **Prospera Credit Union**



Judith Castillo Tri-Cities Cleaning Services



Madison Hackman Sandpiper Signs & Decals



Matt LeRoy Vancity



Charles Sandor mPoweredWebs



Jennifer McKinnon Chair, Ambassador Team



Shelley Linn Linn Estate Management Group



Mark George Keller Williams Elite Realty



Jennifer McKinnon 'in action' as an ambassador

CHAMBER AMBASSADORS



Filio Liedtke Kondylis Community Volunteer Connections



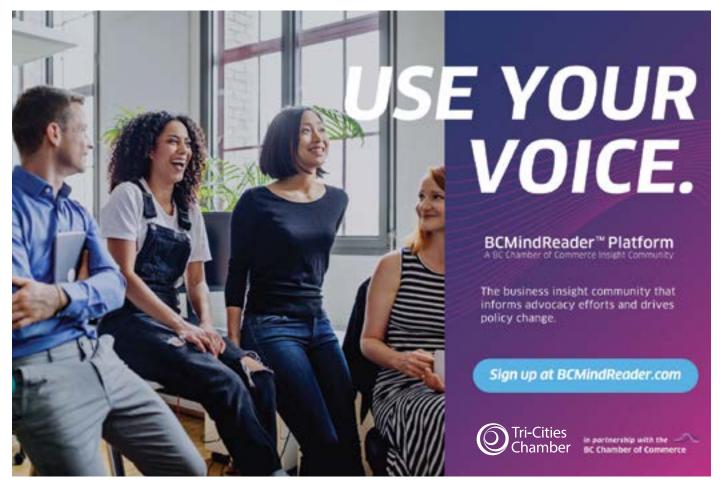
RE/MAX[®] Renata Steele



Erin Scarlett The Fountainhead Network



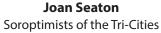
Mary Vellani TD Bank













John Wolff JDW Collaborations

FEATURE STORY

The new BIA members will grow the **Tri-Cities** Chamber to surpass 1,000 member organizations for the first time in its 50-year history

TRI-CITIES CHAMBER SIGNS LANDMARK JOINT

In 2022, the Tri-Cities Chamber of Commerce welcomed close to 300 member businesses from the Downtown Port Coquitlam **Business Improvement Association** (BIA), thanks to a joint membership agreement between the two organizations.

"The Chamber and the Downtown PoCo BIA have been excellent partners over the years, supporting our local businesses and enhancing local prosperity," said Leslie Courchesne, CEO, Tri-Cities Chamber. "I am thrilled we are bringing all BIA members on board so they can leverage the robust services, advocacy, benefits, resources, and connections that our Chamber has to offer. My sincerest thanks to the Downtown PoCo BIA leadership team for working with us on this groundbreaking partnership."

"As an advocate for the business community in Downtown Port Coquitlam as well as being a six-year board member with the Tri-Cities Chamber, I know the value of a Chamber membership but also how hard additional memberships for small business and solopreneurs can be," said Jennifer McKinnon, Executive Director, Downtown PoCo BIA. "This collaboration not only gives membership benefit opportunities to our businesses that may not otherwise be able to

afford or prioritize it, but it creates a great opportunity for the Chamber and its members to experience a more diverse membership. The BIA is proud to offer our members this one-of-a-kind collaborative membership to enhance their visibility and participation in the Tri-Cities and expand their business network."

"As small businesses, we have to make tough choices about which business groups and associations to join," said Tamara Gorin, Owner, Western Sky Books, within the BIA. "This new partnership will allow Downtown PoCo BIA members access to the benefits of the Chamber, which can only strengthen and support us as a small business community."

The new BIA members will grow the Tri-Cities Chamber to surpass 1,000 member organizations for the first time in its 50-year history, placing it among the top five largest Chambers and Boards of Trade in the province.

The BIA and Chamber worked together on this new partnership for the BIA to purchase a group membership with the Chamber at no additional cost to BIA member businesses. BIA members who are existing members of the Chamber can opt to transfer into the complimentary group membership.

MEMBERSHIP AGREEMENT WITH DOWNTOWN PORT COQUITLAM BIA



L to R: Tamara Gorin, Owner, Western Sky Books, within the Downtown PoCo BIA; Leslie Courchesne, CEO, Tri-Cities Chamber; Matt LeRoy, Board Chair, Downtown PoCo BIA; Jennifer McKinnon, Executive Director, Downtown PoCo BIA; Nicole Lauzon, Membership Manager, Tri-Cities Chamber

The Downtown PoCo BIA area includes both sides of Shaughnessy Street from Lougheed Highway to Wilson Avenue, extending further to the northwest at Marpole, Elgin, Kingsway and Lougheed, and the area bounded by Shaughnessy, Kingsway, Mary Hill and Wilson.

This new membership agreement is for two years, through to October 2024.

Since 1971, the Tri-Cities Chamber of Commerce has been the largest business association

serving Coquitlam, Port Coquitlam, Port Moody, Anmore, and Belcarra, now representing 1,000+ organizations from every sector. The Chamber works to foster economic development, provide connections and benefits, and influence public policy at all levels of government to ensure strong business and strong communities. The Tri-Cities Chamber is an active member of the BC and Canadian Chambers of Commerce.

COQUITLAM

DOING BUSINESS IN COQUITLAM

POPULATION: 132,000

The City of Coquitlam is committed to creating a business environment that allows for local businesses to grow and prosper. Dedicated to ensuring that local business owners receive excellent value from their investments in our community, the City has streamlined processes and is committed to the continuous improvement of the business environment.

With the aim of becoming the easiest place in Metro Vancouver to start and grow a business, Coquitlam's leaders are committed to building a strong community and economy — one that continues to attract and retain businesses of all sizes and sectors.

Centrally located in the Metro Vancouver region with easy access by road or rail, a multicultural population, and a robust business community, it's no wonder that Coquitlam is one of the fastestgrowing cities in British Columbia.

Coquitlam also has access to a large and well-educated and highly skilled labour force, along with proximity to major markets,



convenient access throughout Metro Vancouver, rapid transit, and a business-friendly climate.

With the understanding that strong businesses begin with a solid foundation, the City also offers Business Connect. Available for companies of any size, type, and sector, through Business Connects Program, the City can:

- Help with your site search
- Supply statistics and market research
- Provide information about City policies and programs
- Refer you to helpful organizations, programs and resources
- Provide information about local business opportunities

- Introduce you to key business contacts
- Provide support and advice

Another business-friendly initiative is Business LinQ (coquitlam.ca/ businesslinq), a one-stop business resource centre to support both existing and prospective business owners. Entrepreneurs and business owners can drop into the Business LinQ office to discover City services and programs that support businesses, learn what is required to start and operate a business in Coquitlam, as well as receive oneon-one help in navigating the City's permitting processes.

To find out more information on doing business in Coquitlam, contact the Economic Development Office at economicdevelopment@ coquitlam.ca.



PORT COQUITLAM

DOING BUSINESS IN Port coquitlam

POPULATION: 61,500

No longer the secret that it once was, Port Coquitlam has businesses of every size and type, ranging from home-based operations to national enterprises employing hundreds of people.

Centrally located with excellent transportation links, Port Coquitlam is in the midst of an extended growth period that is seeing investment in both new and established business areas, accompanied by strong residential growth that is increasing the supply of ready-made customers.

Much of the city's charming, walkable downtown has been re-built with new apartments and townhouses, including the Dominion Triangle shopping area. In addition, the city unveiled its newly built 205,000 square-foot Port Coquitlam Community Centre in late 2021.

With a wide range of service and industrial businesses — located in both established and new commercial and industrial areas — local businesses have selected



Port Coquitlam as the base business reasons including

- Proximity to transportat corridors
- Availability of skilled wo services and amenities
- Competitive lease rates
- The City's picturesque se

Knowing the value that loc businesses bring, and the contributions they make to city, the City's government taken steps to make the cit business-friendly. This incluhaving streamlining regula and approval processes, ex-



e for their g:	online services, actively marketing area businesses, and supporting
ition	local business organizations. The City also introduced Biz Hub (portcoquitlam.ca/bizhub), a
orkforce,	one-stop shop for business and development services and one-on- one support.
5	Port Coquitlam encourages
setting	business owners, operators and
cal	potential investors to communicate directly with the City regarding their
o our	questions and concerns.
t has ity more ludes ations xpanding	For more information on doing business in Port Coquitlam, contact the Development Services Department by emailing planning@ portcoquitlam.ca.



PORT MOODY, ANMORE & BELCARRA

DOING BUSINESS IN PORT MOODY

POPULATION: 35,500

Located at the head of the Burrard Inlet, Port Moody is a vibrant and connected city, with distinctive places and spaces.

Historically an industrial town because of its tidewater location and rail connections — with numerous sawmills, two oil refineries, a deep-sea port terminal, a steel pipe plant, a chemical plant, and a natural gasfired electricity generating plant — the City was the original terminus of the Canadian Pacific Railway on the west coast of Canada.

While heavy industry remains an important part of Port Moody's economy, the community has grown and changed significantly over the past century, with many new residents and businesses that have transformed the city from a mill town to a modern urban community.

Located within the Metro Vancouver region, Port Moody is connected by rapid transit, rail, major highways, and a deep-sea port. This natural setting, combined with residential and recreational opportunities, along with proximity to nearby Simon Fraser University and Douglas College David Lam

Campus, serve as magnets to attract a skilled labour force.

Providing an exceptional quality of life through arts and cultural experiences, a rich natural environment, walkable neighbourhoods of unique character and a thriving core, Port Moody's approach to land use planning focuses on economic, environmental, cultural, and social sustainability, with the City committed to helping businesses thrive.

For more information on doing business in Port Moody, visit portmoody.ca.



DOING BUSINESS IN ANMORE AND BELCARRA

COMBINED POPULATION: 3,000

The Villages of Anmore and Belcarra are situated to the north and west of Port Moody, and boast exceptional forested trails, lakes, and shorelines. Combined, the two villages have a population of just over 3,000, as reported in the 2021 Canadian Census.

While there is not significant commercial space in Anmore or Belcarra, business is thriving there, with

close to 200 business licences issued in 2022 in the two villages. Many of these licences are for home-based businesses.

For more information about doing business in Anmore, visit anmore.com/village-hall/business-licences/

For more information about doing business in Belcarra, visit belcarra.ca

GROUP INSURANCE PLAN

CHAMBERS OF COMMERCE GROUP INSURANCE PLAN

Exclusive to Chamber members, the Chambers of Commerce Group Insurance Plan is Canada's largest group benefits program — with over 30,000 businesses across Canada — making it Canada's #1 employee benefits plan for small to medium-sized businesses.

As a Tri-Cities Chamber of Commerce member, your business can enjoy full group extended medical benefits, no matter the size of your organization — even solopreneurs can benefit from a **Chambers Plan!**

Employee benefits are an important tool used by employers to attract new employees and retain experienced employees, and

thousands of businesses join the Chambers Plan each year because it's the simple, stable, smart choice for their business: combining accessibility, flexible options, and pooled benefits.

ACCESSIBILITY & FLEXIBILITY

Comprehensive benefits packages are available for businesses of all sizes, including sole proprietors.

With three or more employees, there are no medical questions, and everyone is automatically approved for full coverage that kicks in on the first day of the month.

Chambers Plans offer both fully pooled and partially pooled options

Canada's **#** Plan for Employee Benefits

As your local Chambers Group Insurance Plan advisors we are proud to have served The Tri Cities Chamber members, businesses & employees for over 35 years.

Brandon Harrison

Ranger West Financial & Insurance Services 220 Brew Street Port Moody BC 604-936-2712 rwfinancial.com

Chambers Plan **Employee Benefits**

which means that your rates are directly impacted by your claims. This creates predictability and stability for your business.

The Chambers Plan also has coverage for one and two-person firms, including guaranteed issue options with no exclusions for preexisting conditions.

FREE NO-OBLIGATION QUOTE

The Chamber's Plan is Canada's leading group benefits plan. Contact your Chambers Plan Rep for a free quote today:

Brandon Harrison 604-936-2712 brandon@rwfinancial.com



Accommodations	24
Accounting	24
Arts & Culture	25
Automotive	25
Beauty Services	25
Bottlers	26
Builders & Contractors	26
Building Services & Supplies	26
Business Improvement Assoc.	26
Business Services	26
Caterers	26
Chambers of Commerce	26
Children & Youth Services	26
Cleaning Services	28
Community Services	
Construction	
Consulting	31
Counselling	32
Courier	32
Dance Studios	32
Daycare	32
Dental	32
Developers	33
Distributors	34
Dry Cleaners & Laundromats	34
Education & Training	34

Electrical Services	34
Employment Services	34
Engineering Products & Services	34
Entertainment	34
Environmental Products & Services	34
Event Planners	35
Financial Institutions	
Financial Services	36
Fire Safety	
Fitness	36
Flooring	36
Florist	36
Food & Beverage Products	36
Freight & Brokering	
Funeral Homes	
Golf	37
Government	37
Graphic Design	
Grocery	
Health Products	20
Health Services	38
Home & Garden	
Home Support Services	
Human Resources	
HVAC	41
Import & Export	41

Industrial Supplies & Services	_
Inspection Services	_ 42
Insurance	_ 42
Interior Design	_ 42
IT	_ 42
Landscaping & Tree Care	_ 43
Legal	_ 43
Machine Shop	
Manufacturing	
Marine	
Marketing & Communications	_ 45
Media	45
Metal & Steel	_ 45
Mortgages	_ 46
Moving	
Non-Profit	
Office Products	
Office Spaces	
Office Supplies	
Optometry & Optical	
Other	
Personal Services & Care	
Pest Control Services	
Pet Services	_
Petroleum Services	
Pharmacy	

Photography	46
Plumbing	48
Printers & Signage	
Promotional Products	48
Property Management_	
Realtors	
Recycling & Waste Mana	gement 50
Renovations	51
Restaurants, Pubs & Cafe	
Restoration Services	54
Retail	54
Retirement Living	56
Security	
Sports & Recreation	
Storage	
Tech and Innovation	
Telecom	
Transportation	
Travel Services	
Urban Planning	
Utilities	57
Videography	57
Web Design	
Wood Products & Service	

N. NAICKER & ASSOCIATES INC. noallan@naickercpa.ca 604-469-9369 naickercpa.ca

NEXGEN ACCOUNTING INC people@nexgenaccounting.ca

604-880-2891 nexgenaccounting.ca N.K. QUAN & CO. INC. buck@nkguan.ca

604-941-5323

PROFESSIONAL ACCOUNT MGMT BOOKKEEPING

james@pamgp.com 604-492-0529 pamgp.com PSG CPA

admin@psgcpa.ca

604-936-4377

SCOTT PARK & CO INC.

parkandco.ca

MEMBERSHIP DIRECTORY BY CATEGORY

SHARON PERRY & ASSOCIATES | CHARTERED PROFESSIONAL ACCOUNTANTS

info@sharonperry.ca 604-492-0111 sharonperry.ca

VENTIGA ACCOUNTING & CONSULTING info@ventiga.org 236-788-9680 ventiga.org

WORLD FINANCIAL GROUP dgan03cdsc@wfgmail.ca 778-996-3363 derrickgan.com

ARTS & CULTURE

COQUITLAM HERITAGE AT MACKIN HOUSE museum@coquitlamheritage.ca 604-516-6151 coguitlamheritage.ca

EVERGREEN CULTURAL CENTRE SOCIETY marketing@evergreenculturalcentre.ca 604-927-6555 evergreenculturalcentre.ca

PLACE DES ARTS SOCIETY info@placedesarts.ca 604-664-1636 placedesarts.ca

PORT MOODY ARTS CENTRE SOCIETY info@pomoarts.ca 604-931-2008 pomoarts.ca

REVIVING 5000 YEARS OF CIVILIZATION divine.culture2015@gmail.com 604-401-2797 shenyun.com/van

AUTOMOTIVE

TODAY!

BLUE MOUNTAIN AUTOPRO shane@bluemountainautopro.com 604-939-8341 bluemountainautopro.com

BURRELL AUTO GROUP burrell7@shaw.ca 604-461-7995

burrellauto.com

CANADIAN TIRE - COQUITLAM droulis@ct608.com 604-527-8828 canadiantire.ca

CLARKE HILL MOTORS theshop@clarkehillmotors.com 604-802-5841 clarkehillmotors.com

COLORWORKS TOM'S CUSTOM AUTOBODY rob.arden@colorworks.ca 604-941-3900 tomscustomautobody.com

778-398-1777

gcoc888@vahoo.com

JEM GRIP AUTO AND TIRE

iemauto@shaw.ca

jemgripautotire.ca

JKR AUTOMOTIVE INC.

ikrautomotive@shaw.ca

KIRMAC COLLISION & AUTOGLASS

604-521-8334

778-285-6700

ap@kiawest.com

enam@kirmac.com

604-461-4494

kirmac.com

604-777-1292

kiawest.com

KIA WEST

604-525-5823

COQUITLAM EXPRESS AUTOBODY coguitlamexpress@shaw.ca coquitlamexpressautobody.com

GREAT CANADIAN OIL CHANGE (N&N ENTERPRISES 1989 LTD.) 604-944-1121 greatcanadianoilchangecoguitlam.ca

> 604-521-5901 coquitlam

> > kara@trickfactory.com 236-512-3268 trickfactory.com

WESTWOOD HONDA 604-461-0633 westwoodhonda.com

BEAUTY SERVICES



gm.cog@executivehotels.net

executiveplazahotel.ca **POCO INN & SUITES HOTEL** info@poco-inn-and-suites.com 604-941-6216 poco-inn-and-suites.com

ACCOUNTING

ACCOMMODATIONS

CONFERENCE CENTRE

604-936-9399

EXECUTIVE PLAZA HOTEL &

AAB TAX INC/ACCESS ACCOUNTING & TAX INC. aabtax@gmail.com

604-552-4375 aabtax.ca

ACCOUNTING INTELLIGENCE PLUS

brendan.noonan@accountingintelplus. com 604-345-6276 accountingintelplus.com

ARETI LLP

rwhittle@aretillp.com 604-639-9004 aretillp.com

BEHIND THE NUMBERS SOLUTIONS

suzanne@behindthenumberssolutions. 604-999-1653 behindthenumberssolutions.ca

BRINDLE BOOKKEEPING (JILL MORRIS)

info@brindlebookkeeping.ca 604-250-4738 brindlebookkeeping.com CLEAR BOOKKEEPING LTD. 0/A

LEDGERS (COOUITLAM) llatham@ledgers.com 604-239-0934

coguitlam.ledgers.com CLEARLINE CPA

reception@clearlinecpa.ca 604-639-0909 clearlinecpa.ca

CRUNCH TIMEZ VIRTUAL CFO SERVICES hello@crunchtmz.com 604-349-0914 crunchtmz.com

DALE MATHESON CARR-HILTON

LABONTE CA bshaw@dmcl.ca 604-941-8266 dmcl.ca

GREEN LIGHT INNOVATION PARTNERS INC.

staff@greenlightip.com 604-552-1854 greenlightip.com

GREGORY, YICK & ASSOCIATES

davidg@gregoryyick.ca 604-939-2929 gregoryyick.ca

604-422-8211 jpsaccountingservices.com KH COOUITLAM CHARTERED PROFESSIONAL ACCOUNTANT INC

roger.kok@kempharvey.com 604-937-3444 kempharvey.com

JPS ACCOUNTING SERVICES INC.

pat@jpsaccountingservices.com

KPMG MSLP

mshung@kpmg.ca 604-527-3785 kpmg.ca

LIBERTY TAX SERVICE poco@libtaxbc.com 604-474-1044

libertytaxcanada.ca MANNING ELLIOTT LLP

navroz@manningelliott.com 604-421-2591 manningelliott.com

ACCOUNTANTS

rfrers@meyerfrers.com 604-552-4510 meyerfrers.com

MNP LLP

604-949-2088 mnp.ca

MEYER FRERS CHARTERED PROFESSIONAL

dan.lock@mnp.ca

604-949-0992 psgcpa.ca RISE CPA marketing@risecpa.ca

riseadvisors.ca

scott@parkandco.ca 604-969-8700



• 24/7 Access - Ample Free Parking

TrioCity Business Centre

Suite 2300, 2850 Shaughnessy St, Port Coquitlam www.tricitybusinesscentre.ca TEL: 604-552-9399 • EMAIL: tcbcentre@shaw.ca

MERIDIAN RV MFG. LTD.

info@meridianrv.com 604-941-8635 meridianry.com

METRO MOTORS LTD -METRO FORD

kent@metromotors.com 604-464-0271 metromotors.com

MORREY NISSAN OF COQUITLAM

salescog@morreynissan.com 604-464-9291 morrevnissancoguitlam.comen

PERFORMANCE RADIATOR

peterh@performanceradiator.com 604-944-6060 performanceradiator.ca

PRAIRIE AUTO CARE LTD.

mike@prairieservices.ca 604-941-5151 napaautopro.com

TAKE5 OIL CHANGE

take5cog@gmail.com

prooil.ca/locations/bc/coquitlam-4418

TOMS CUSTOM AUTOBODY COOUITLAM stacey.scrivens@colorworks.ca colorworks.ca/auto-body-repair-

TRICK FACTORY CUSTOMS INC.

colin@westwoodhonda.com

ANGELO'S SALON & SPA

info@angelossalonandspa.com 604-461-4247 angelossalonandspa.com

BEST NAILS STUDIO

604-941-2223 bestnailstudio.business.site

DM & CO. HAIR STUDIO 604-474-4342

FLORENS HAIR CUTS 604-945-0710

GLO.SKINCO Gloskinco.nc@gmail.com 604-817-0422

GREAT CLIPS FOR HAIR 604-464-4247 greatclips.com

GROW CONSCIOUS HAIR COMPANY growconscioushairco@gmail.com

604-468-4247 growconscioushair.com

HALCYON COSMETIC CLINIC

info@halcyoncosmetic.com 604-937-2626 HalcvonCosmetic.com

HEADS UP HAIR DESIGN

headsupcog@shaw.ca 604-464-6244 headsuphairbodyspa.com

IN A WINK BEAUTIOUE

info@inawinkbeautique.com 604-468-8113 inawinkbeautique.com

INSANE NAILS & SPA LTD.

emluong26@vahoo.com 604-474-1385 insanenails.ca

K & J NAILS dungkimhua@vahoo.ca 604-468-8380

KURICON BY KELI LUXURY AROMATHERAPY

kuricon.aromatherapy@gmail.com 778-881-7231 kuriconbykeli.com

Serving the **Tri-Cities since 1990** • Strata Management Rental Management Real Estate Sales

Contact us today for a Management Proposal

108 - 2331 Marpole Ave., Port Coquitlam PHONE 604-464-7548 FAX 604-464-1005 info@profile-properties.com | www.profile-properties.com

LAPIS LAZULI

hello@lapisandco.ca 604-999-8513 lapisandco.ca

MICROMEEKS micromeeks@gmail.com 778-201-2751

micromeeks.com MILAN HAIR LIFE

info@milanhairlife.com

236-330-8363 milanhairlife.ca

MINT HAIR LOUNGE minthairlounge@live.ca

604-936-3661 minthairlounge.ca

MNP NAIL STUDIO mnpnailstudio@gmail.com

778-938-5800 mnpnailstudio.com

MONIKA'S BARBER SHOP 604-468-2286

NEORA gailcrosby@outlook.com

778-836-1741 gailcrosby.neora.com

POCO LASER & BEAUTY LOUNGE LTD. 604-468-2284 RAMI'S CUT BARBER SHOP LTD.

604 557 0209 ramiscut.ca

RAYZ HAIR CUT INC. 604-474-0470

instagram.com/rayzbarber

REMIX HAIR STUDIO INC. info@remixhairstudio.com 604-944-4247 remixhairstudio.com

ROWENA BOOTH HOLISTIC REJUNVENATION

AND ACUPUNCTURE rowebooth@gmail.com 778-228-8152 rowenabooth.com

SALON KISMET

kismetbeautysalon@gmail.com 604-942-3045 salonkismethair.com

SEABREEZE SKIN CARE STUDIO info@seabreezeskincare.com 604-250-3403

seabreezeskincare.com SINK THE INK TATTOO COMPANY 778-788-6994

swordandcrownstudios.ca

TIMA'S HAIR SALON 604-942-2961

TRUE COLORS HAIR STUDIO kim@tcstudio.ca 604-552-5855 tcstudio.ca

ULTRA NAILS 604-468-4200

VANITY HAIR LTD. info@vanitvhairsalon.ca 604-464-8813 vanityhairsalon.ca **URBAN HAIR STUDIO LTD**

p_balwinder@yahoo.ca 778 - 318 - 7136

BOTTLERS COCA-COLA CANADA BOTTLING LTD jemerson@cokecanada.com cokecanada.com

BUILDERS & CONTRACTORS

ALLARD CONTRACTORS LTD. info@allards.co 604.944.2556 allardcontractorsltd.com

BATISTA PROPERTIES INC. Nelson@batistaproperties.ca 604.644.0025 batistaproperties.ca

BLUE KOI INNOVATIONS iason.ng@bluekoi.io 604.229.5750 bluekoi.io

EXPERT BUILDING SERVICES 604.469.7800

GLASS STATION info@glassstation.ca 604.552.3738 glassstationbc.com

KEMPE WEST ENTERPRISES LTD. farabloc@shawbiz.ca 604.552.1980

linkedin.comin MARCRAFT HOMES LTD lisa@marcrafthomes.com 604.461.2560

marcrafthomes.com PACIFIC COAST CONTRACTING

info@pacificcoastcontracting.ca 604.554.0962

pacificcoastcontracting.ca **REEL STEEL LTD.** reelsteel2003@yahoo.ca

604.913.0310 reelsteel.ca S&J MASONRY

russellcarpie@aol.com 604.771.5706

778-941-0700

roshaenterprise.ca

BUILDING SERVICES AND SUPPLIES

KLEARPRO SOLUTIONS steveklearpro@gmail.com 778-235-7209 klearpro.com **ROSHA ENTERPRISES INC.** info@roshaenterprise.ca

TOP CLEAN ENVIRONMENT INC. 604-355-5421

facebook.com/topclean123 BUSINESS IMPROVEMENT ASSOC.

AUSTIN HEIGHTS BUSINESS IMPROVEMENT ASSOCIATION info@austinheights.ca 604-765-2055

austinheights.ca **BURNABY NORTH ROAD BIA**

604-420-2799 northroadbia.ca

DOWNTOWN PORT COQUITLAM BUSINESS IMPROVEMENT ASSOCIATION info@downtownpocobia.com 604-464-1490

downtownpocobia.com **BUSINESS SERVICES**

BETTER BUSINESS BUREAU OF MAINLAND BC contactus@mbc.bbb.org

604-682-2711 bbb.org/local-bbb/bbb-of-mainland-bc

BLINK CARD blink@blinkcard.ca 236-996-8022

blinkcard.ca DACTYLUS VIRTUAL iiliane@dactvlus.ca

778-903-0811 dactylus.ca

FUTURE FUNDRAISING brenda@futurefundraising.com 250-767-9546

futurefundraising.com INDIGENOUS WORX kathryn@indigenousworx.com 604-353-8933

indigenousworx.com ISM SALES GROUP

info@ismsalesgroup.com 604-700-7719 ismsalesgroup.com

J.C. WORDASSIST LTD 778-285-3425 jcword.com

KAREN VAN GILDER-BUSINESS SOLUTIONS karen@gildertaxes.com

604-936-9681

METCREDIT bsummerfelt@metcredit.com 888-797-7727

metcredit.com

PENINSULA CANADA

doug.perkins@peninsula-ca.com 403-607-0746 peninsulacan.com/tri-cities-chamber-ofcommerce

PUMP TECH INC.

pumptech@shaw.ca 604-219-4646 pumptechsales.ca **SNACK SIZE (ADELE TETANGCO)**

adele@adeletetangco.com 604-836-9081 snack-size.com

VEER BUSINESS ADVISORS LTD. bob@veeradvisors.com

604-444-0322 veeradvisors.com

CATERERS

ASHNEY'S ARTISAN COMPANY ashney_ash@yahoo.com 604-767-5324

CHACHI'S SANDWICHES chachiscoguitlam@gmail.com 604-833-8156 chachis.ca

CHRISTINE'S CATERING christine@christinecatering.com 604-461-6333 christinecatering.com

TOP NOTCH CATERING

topnotchcaterer@gmail.com 604-941-9773 topnotchcatering.ca

CHAMBER OF COMMERCE

BC CHAMBER OF COMMERCE kyang@bcchamber.org 604-638-8111 bcchamber.org

TRI-CITIES CHAMBER OF COMMERCE

info@tricitieschamber.com 604-464-2716 tricitieschamber.com

CHILDREN & YOUTH SERVICES

ACCESS YOUTH OUTREACH SERVICES admin@accessyouth.org 604-525-1888 accessyouth.org

ACT 2 CHILD AND FAMILY SERVICES Fran@act2.ca 604-937-7776 act2.ca

SPIRIT OF THE CHILDREN SOCIETY

e.cardinal@sotcs.ca 604-524-9113 satcs.ca

STEP BY STEP CHILD DEVELOPMENT SOCIETY

director@step-by-step.ca 604-931-1977

step-by-step.ca TOY SHARE EXPERIENCE INC.

info@toyshareexperience.com 778-322-9057 tovshareexperience.com

EAT. SHOP. LIVE. **EXPERIENCE** austin heights

Coquitlam's first walkable neighbourhood with unique shops, professional services, and a diverse selection of great restaurants.

DISCOVER WHAT'S IN STORE AT AUSTINHEIGHTS.CA



26 Tri-Cities Chamber Business Matters Magazine 2023

WESTMINSTER CHILDREN'S AFTER SCHOOL SOCIETY

admin@wcass.com 604-540-1688 wcass.com

CLEANING SERVICES

BIOSWEEP WESTERN CANADA 604-306-2439 biosweepwesterncanada.com

EXECUTIVE BUILDING MAINTENANCE INC. info@ebmjanitorial.ca 604-540-8880 ebmjanitorial.ca

EXPERT BUILDING SERVICES 315-663-4822 Cleaning Services

INNOVATIVE CLEANING SOLUTIONS info@innovativecleaningsolutions.ca 778-385-5760

innovativecleaningsolutions.ca **PINNACLE BUILDING MAINTENANCE** sales@pinnbm.biz 604-618-2905

PRESTIGE CLEANING hello@cleaningwithprestige.ca 778-872-5326 cleaningwithprestige.ca

TRI-CITIES CLEANING SERVICES jc@tricitiescleaningservices.com 778-385-8905 tricitiescleaningservices.com

SELECT SHIELD (STEIN, SUSAN) spowelson@selectshield.ca 604-763-6160

COMMUNITY SERVICES

ATHLETICS FOR KIDS info@a4k.ca 604-221-7529 a4k.ca

BC CONFEDERATION OF PARENT ADVISORY

COUNCILS info@bccpac.bc.ca 604-474-0524

bccpac.bc.ca CITYREACH CARE SOCIETY

info@cityreach.org 604-254-2489 cityreach.org

COMMUNITY INTEGRATION SERVICES SOCIETY

smahar@gociss.org 604-461-2131 gociss.org

COMMUNITY LIVING SOCIETY

sbate@communitylivingsociety.ca 604-523-0303 communitylivingsociety.ca

COMMUNITY VENTURES SOCIETY

miriam.hoolahan@communityventures.ca 604-939-8070 communityventures.ca

28 Tri-Cities Chamber Business Matters Magazine } 2023

COMMUNITY VOLUNTEER CONNECTIONS

fkondylis@volunteerconnections.ca 604-529-5139 volunteerconnections.ca COQUITLAM FIREFIGHTERS CHARITABLE

SOCIETY info@coquitlamfirefighterscharity.com coquitlamfirefighterscharity.com

COQUITLAM FOUNDATION info@coquitlamfoundation.com 604-468-9598 coquitlamfoundation.com

COQUITLAM PUBLIC LIBRARY officemanager@coqlibrary.ca 604-937-4137 coqlibrary.ca

CROSSROADS HOSPICE SOCIETY info@crossroadshospice.org 604-945-0606 crossroadshospice.org

EAGLE RIDGE HOSPITAL FOUNDATION info@erhf.ca 604-469-3128 erhf.ca

FUTURPRENEUR CANADA mhaghighi@futurpreneur.ca 604-362-5344 futurpreneur.ca

IMMIGRANT LINK CENTRE SOCIETY igorbjelac@yahoo.com 778-819-3556 immigrantlink.ca

KIDSPORT TRI-CITIES cwilson630@gmail.com 604-341-0241 kidsporttricities.ca

KINSIGHT cscott@kinsight.org 604-525-9494 Kinsight.org

LOW ENTROPY FOUNDATION info@lowentropy.org 604-469-0226 lowentropy.org MAXINE WILSON

jgordonwilson@shaw.ca 604-468-8999

NEIL SQUIRE SOCIETY natet@Neilsquire.ca 604-355-0578 neilsquire.ca

NEW VIEW SOCIETY newview@newviewsociety.ca 604-941-3222 newviewsociety.org

NORTH AMERICA CHINESE CULTURE PROMOTION SOCIETY superiorjoanna@hotmail.com

604-888-5989 worldoflovecarnival.com

OVARIAN CANCER CANADA

amadl@ovariancanada.org 778-732-1101 ovariancanada.org PHOENIX DRUG & ALCOHOL RECOVERY AND

EDUCATION SOCIETY admin@phoenixsociety.com 604-583-7166 phoenixsociety.com

PLEA COMMUNITY SERVICES

tveresh@plea.bc.ca 604-218-3758 plea.ca

PORT COQUITLAM COMMUNITY FOUNDATION info@pocofoundation.com

604-808-9624 pocofoundation.com

PORT MOODY FOUNDATION info@portmoodyfoundation.ca

604-469-4699 portmoodyfoundation.ca **ROTARY CLUBS OF THE TRI-CITIES**

ron.goyette50@gmail.com 604-512-4398 Pocorotary.ca

ROYAL CANADIAN LEGION BRANCH #133 legion133@yahoo.com 604-942-8911 pocolegion.ca

ROYAL COLUMBIAN HOSPITAL FOUNDATION 604-520-4438 rchfoundation.com

RUBEN'S SHOES desiree@rubensshoes.com

778-245-2262 rubensshoes.com

SHARE FAMILY & COMMUNITY SERVICES Society

claire.maclean@sharesociety.ca 604-540-9161 sharesociety.ca

SOCIETE PLACE MAILLARDVILLE SOCIETY gpederson@placemaillardville.ca 604-933-6166 placemaillardville.ca

SOROPTIMIST OF THE TRI-CITIES joan@barrieseaton.com 778-233-1442

soroptimisttricities.org **STEPS TOGETHER FOUNDATION** stepstogetherfoundation@gmail.com

604-941-1317 stepstogetherfoundation.com SYMINGTON SYMBIOTIC FOUNDATION

info@symingtonfoundation.ca 604-544-1201 symingtonfoundation.ca

TALITHA KOUM SOCIETY admin@talithakoumsociety.org

admin@talithakoumsociety.o 604-492-3393 talithakoumsociety.org THE PEOPLE'S PANTRY FOOD RECOVERY

SOCIETY tppfrs@gmail.com 236-867-7377

thepeoplespantry.ca
TRI-CITIES COMMUNITY TV

gsscott@telus.net 604-996-4714

TRI-CITIES LOCAL IMMIGRATION Partnership

ryan.drew@success.bc.ca 604-468-6001 tricitieslip.ca

TRI-CITIES SENIORS' ACTION SOCIETY tcseniorsactionsociety@gmail.com 604-312-0879 tcsas.ca

TRI-CITY TRANSITIONS SOCIETY carol@tricitytransitions.com 604-941-7111 tricitytransitions.com

UNITED CHINESE COMMUNITY ENRICHMENT

SERVICES SOCIETY (S.U.C.C.E.S.S) info@success.bc.ca 604-474-3140 successbc.ca

UNITED WAY BC vishad@uwbc.ca 604-294-8929

uwbc.ca
VISION2REALITY FOUNDATION

hello@v2rf.org 604-880-2891 v2rf.org

WESTCAN IMMIGRATION

jc@westcanimm.com 604-461-0100 westcanimm.com

WESTCOAST FAMILY CENTRES SOCIETY wfc@westcoastfamily.org 604-254-5457

westcoastfamily.org
YMCA OF GREATER VANCOUVER

david.woollven@gv.ymca.ca 604-631-5500 gv.ymca.ca

YWCA METRO VANCOUVER

arismani@ywcavan.org 604-202-7011 ywcavan.org

YWCA WORKBC CENTRE - PORT COQUITLAM

info-portcoquitlam@workbc.ca 778-730-0171 workbccentre-portcoquitlam.ca

CONSTRUCTION

360 SITE SERVICES INC. gcallies@360site.ca 604-360-7680 360site.ca

Doing Business in Coquitlam

Vibrant public spaces and commercial areas, along with our diverse and creative labour talent and central location, is why many businesses choose to call Coquitlam home. The City of Coquitlam and the Economic Development Division support the local business community through initiatives such as the quarterly Business E-News, which features local business news and important municipal information, as well as marketing and promotional campaigns.

Some tools to support your business include:

- Business Resources (coquitlam.ca/ecdevstats) helps with searches, providing local business contacts and supplying statistics and market research.
- Business LinQ (coquitlam.ca/businesslinQ) one-stop resource to get help with City processes, such as permitting and licensing.
- Promotional Campaigns marketing partnership opportunities throughout the year to promote local businesses through municipal outlets such as visitcoquitlam.ca.

Contact us to learn more about how to grow your business in one of B.C.'s fastest-growing cities.

Stay up-to-date on information and resources for your business by following **@cityofcoquitlam** and **@visitcoquitlam** on social media, or sign up for updates from our Business E-News through NotifyMe (**coquitlam.ca/businessnews**).



60 co

f 🎔 🞯 🕨 in | coquitlam.ca

→ 60

Quarterly Updates – Delivered Right to Your Inbox



Subscribe to the **Coquitlam Business E-News** to receive information quarterly about local business news and important municipal information to support your business.

Sign up is quick and easy – visit **coquitlam.ca/businessnews** to get started.



Considering a business opportunity in Coquitlam? Get connected to one of B.C.'s fastest growing communities where opportunities abound for new businesses and entrepreneurs.

Your One-stop Business Resource Centre

Doing business in Coquitlam is easier than ever with Business LinQ, a convenient new way to link to resources and support.

Use it to:

- → Learn what is required to start and operate a business in Coquitlam.
- → Get help navigating City permitting and regulatory processes.
- → Find out about City services and programs that support businesses.

604-927-3975 | businesslinq@coquitlam.ca coquitlam.ca/businesslinq

Coouitlam

604 INSPECTIONS

604homeinspections@gmail.com 604-781-8059 604inspections.ca

ACOUAORO RENOVATION & CONSTRUCTION info@acquaoro.ca 604-218-1212 acquaoro.ca

ADRIATIC CONSTRUCTION COMMERCIAL LTD. eddg@telus.net

604-464-3940 ALLARD CONTRACTORS LTD. info@allards.co 604-944-2556 allardcontractorsltd.com

ALL-PRO SERVICES LTD. kim@all-proservices.ca 604-468-1446 all-proservices.ca

BATISTA PROPERTIES INC. Nelson@batistaproperties.ca

604-644-0025 batistaproperties.ca

BLUE OCEAN CONSTRUCTION INC.

info@blueoceanconstruction.com 604-559-6931 blueoceanconstruction.com

CHEVIOT PRODUCTS INC. info@cheviotproducts.com 604-464-8966 cheviotproducts.com

COBAL INDUSTRIES LTD cobal.ltd@gmail.com 604-329-4007 cobal.ca

CONCORD MASONRY LTD concordmasonry@hotmail.com 604-944-5561 concordmasonry.ca

COREVAL HOMES LTD info@corevalhomes.com 604-612-4243

corevalhomes.com CYGNUS CONTRACTING matt@cygnuscontracting.com

778-288-5767 cygnuscontracting.com

DAVID POPKEY CONSTRUCTION davidpopkey@hotmail.com 778-989-1257

DBD WESTCOAST CONSTRUCTION LTD.

dbdprojmanage@gmail.com 604-500-4494 dbdconstruction.com

FORSTAR TRADING INC. mike@forwestwood.com

604-838-4571 forwestgroup.com **GDL PROPERTY SERVICES** accounting@gdlpropertyservices.com

604-438-4747 qdlpropertyservices.com **GLASS STATION**

info@glassstation.ca 604-552-3738 glassstationbc.com

GROUND X SITE SERVICES LTD.

rick@groundx.ca 604-360-7680 Groundx.ca

HAYES ELEVATOR (BRITISH COLUMBIA) INC. 604-243-8611

hayeselevator.com INSUL-TWIN SYSTEMS LTD.

john.fahey@insultwin.com 604-942-4948 insultwin.com

JACK CEWE LTD amber@cewe.com

kandw.ca

604-526-0751 cewe.com

K&W GLASS INNOVATIONS LTD. wayne@kandw.ca 604-319-5813

KEMPE WEST ENTERPRISES LTD.

farabloc@shawbiz.ca 604-552-1980

LITZ CRANE SERVICE LTD. info@litzcraneservice.com 604-944-0808 litzcraneservice.com

MARCRAFT HOMES LTD lisa@marcrafthomes.com

604-461-2560

marcrafthomes.com

MCR MILLWORK & CONSTRUCTION LTD. mcrmill@shaw.ca

604-729-5516 NORTHSTAR FORKLIFT INC.

forklift@live.ca 604-671-0430 northstarforklift.com

MEMBERSHIP DIRECTORY BY CATEGORY

NOURA HOMES

aram@nourahomes.com 778-285-0503 nourahomes.com

OLYMPIC ROOFING LTD. info@olympicroofing.ca 604-552-4743 olympicroofing.ca

OUTSIDE THE BOX MANUFACTURING LIMITED mike@outsidetheboxmanufacturing.com 778-839-4783 outsidetheboxmanufacturing.com

PETER KIEWIT SONS ULC Ameer.Balouch@Kiewit.com 604-629-5419 kiewit.ca

PORCELEC ENT COQUITLAM LTD bathdoctor@shaw.ca 604-944-0393 thebathtubdoctor.ca

S&J MASONRY russellcarpie@aol.com 604-771-5706

TRI CITIES SCAFFOLDING jason@tricitiesscaffolding.com

778-385-2012 tricitiesscaffolding.ca

WILMOUNT ENGINEERING PRODUCTS LTD. annika@wilmount.ca 604-944-9904 wilmount.ca

WOLF & WOLF ROOF SERVICES info@wolfroof.com 604-343-3747 wolfroof.com

AMB BUSINESS SOLUTIONS INC.

anca.b@ambbizsolutions.ca

CONSULTING

604-552-4394

778-751-7800

604-644-2937

LTD

systemicresult.com

ambbizsolutions.ca

trvrgetty@gmail.com

antiquityenvironmental.ca

bencare.ca ACME SYSTEMIC RESULTS CORP. tricities@systemicresult.com

778-996-3373

ANTIQUITY ENVIRONMENTAL CONSULTING

778-885-6673





ARROWSTONE ARCHAEOLOGICAL RESEARCH&CONSULTING

arrowstone@telus.net 604-931-1997 arrowstone.ca

BELLROCK BENCHMARKING INC. answers@bellrock.ca

604-345-0424 bellrock.ca

BENECARE CONSULTING INC. nicholas@benecare.ca

604-200-9301

BOSCH CONSULTING

fibosch@telus.net 778-847-3651

BRING THE TABLE SOLUTIONS INC rae@bringthetable.com

CAMBREY CONSULTING LTD.

gcambrev@shaw.ca 604-818-6708 cambreyconsulting.com

CANADA AFRICA NETWORK

anthonv@canadaafricanetwork.ca canadaafricanetwork.ca

CANDOO SYSTEMS INC.

jim.mckay@candoosys.com 778-840-0361 candoosvs.com

CAROL METZ MURRAY ASSOCIATES carol@carolmetzmurray.com 604-219-7346 carolmetzmurrav.com

CITYSTATE CONSULTING gaetan@citvstate.ca 604-816-5399 citystate.ca

CLC MANAGEMENT INC clccarrol@aol.com

604-421-4068

EXECUTIVE COACHING INSTITUTE (MASLOW INTERNATIONAL) timtiryaki@gmail.com

778-953-0209 **GAMAR LEADERSHIP GROUP**

adel@gamarleadership.com 604-818-5324 gamarleadership.com

GR BUSINESS SOLUTIONS INC garv@grbusinessinc.com

236-305-9297 grbusinessinc.com

We may work with numbers, but you'll never feel like one.

LEARN MORE dmcl.ca

VANCOUVER | SURREY | TRI-CITIES | VICTORIA

GREEN CEDAR CONSULTING LTD.

ReachOut@Green-Cedar.ca 778-929-7014 Green-Cedar.ca

HUGH HAMILTON LEADERSHIP GROUP hughhamilton.leadership@gmail.com 604-764-9036 hughhamiltonleadershipgroup.com

INTER RESOURCE CONSULTING sheribeamer@ircservices.ca

604-534-7509 ircservices.ca JDW COLLABORATIONS

idwcollab@gmail.com 604-202-2557

JERICO MANAGEMENT LTD. (623305 BC) 778-233-2227

LEADING EDGE CONSULTING INC. trevor@leconsulting.ca 604-474-0269 leconsulting.ca

MICHAEL C. SAUVE CONSULTING michael.sauve@hotmail.com 604-552-1984

MIRANDA & CO. CONSULTING miranda@mco-consulting.net 778-835-5720

NAWOC ADVISORS INC. greg@nawoc.ca 604-767-9963

nawoc.ca SANDRA HORTON (BUSINESS

TRANSFORMATION FACILITATOR) hortoncollaborations@gmail.com 778-840-0374

sandrahorton.com SIPHON ENTERPRISES CORP.

mike@siphoncorp.com 604-805-2337 siphoncorp.com

SUMMIT PACIFIC IMMIGRATION CONSULTING SERVICES LTD

summit consulting@hotmail.com 604-724-6385

darlenehyde@shaw.ca tngleaders.com **TRAINWEST MANAGEMENT & CONSULTING**

INC Randy@trainwest.ca 604-297-1272 trainwest.ca

TRUE NORTH BUSINESS CONSULTATION dennis@truenorthbusiness.ca 778-837-1820 truenorthbusiness.ca

URBAN INNOVATIVE SOLUTIONS uis@telus.net 778-881-6395

WORKING ENTERPRISES CONSULTING &

BENEFITS SERVICES INC info@weconsultants.ca 1-855-894-8111 weconsultants.ca

COUNSELLING

ANA FERRARI 604-944-6002

CLEAR SKIES COUNSELLING info@clearskiescounselling.ca 778-321-6454 clearskiescounselling.ca

DELTA COUNSELLING marylongworth@hotmail.com 604-948-3262 deltacounselling.com

DEVRIES COUNSELLING GROUP info@devriescounsellinggroup.com 778-928-4743 devriescounsellinggroup.com

EAGLE MOUNTAIN COUNSELLING AND CONSULTING 604-836-9995 eaglemountaincounselling.com

ERIN MACLEOD COUNSELLING info@erinmacleodcounselling.com 604-802-5161 erinmacleodcounselling.com

GREEN FAMILY WELLNESS CENTER

778-874-8974 greenfamilywellness.com

IMAGINE COUNSELLING cathy@imaginecounselling.com

778-688-1664 imaginecounselling.com JESSICA COOPER COUNSELLING

info@jessicacooper.ca 778-952-3822 jessicacooper.ca RAMESHNI. MOJDEH (RCC)

604-332-0994 SHELBY BACON COUNSELLING AND

CONSULTING info@shelbycounselling.com

shelbycounselling.com VENTUROUS COUNSELLING AND CONSULTING

connect@venturouscounselling.com 778-775-7504 venturouscounselling.com

WISEHEART COUNSELLING

iane@wiseheartcounselling.com 604-861-9473 wiseheartcounselling.com

COURIER

SELECT EXPRESS COURIER kenm@selectexpress.com 604-944-1933 selectexpress.com

VAN LOAD bataviabusinessdepot@gmail.com 604 464 1335 elsecargo.net

DANCE STUDIO

ARTHUR MURRAY DANCE STUDIO info@dancecoguitlam.ca 604-544-5008 dancecoguitlam.ca

DR. TERRY A BIANCO

604-464-1511

604-941-0111 coquitlam-orthodontist.com

coguitlamcentredental.com

TRI-CITY DANCE CENTRE

tricitvdance@telus.net

ACE CHILDCARE SERVICES

604-562-CARE (2273)

coquitlamchildcare.com

info@cribstocrayons.ca

Info@coquitlamchildcare.com

CRIBS TO CRAYONS DAYCARE LTD.

BRAMBLEWOOD MONTESSORI CHILD CARE

604.523.6868

DAYCARE

CENTRE LTD

604-942-5432

604-537-3444

604-931-5285

604-469-5437

juniorcitizens.ca

604-944-4117

rpkp@telus.net

604-942-6474

DENTAL

cribstocrayons.ca

HI "N" BYE DAYCARE

hinbyedaycare.com

memarrington@telus.net

JUNIOR CITIZENS CARE CTR.

iuniorcitizens@shaw.ca

PITTER PATTER DAYCARE

michelebosa@hotmail.com

RANCH PARK KIDS PLACE INC.

BURKE MOUNTAIN DENTURE CLINIC

burkemountaindentureclinic.com

COQUITLAM CENTRE DENTAL CLINIC

info@coquitlamcentredental.com

ranchparkkidsplace.com

bmdclinic@telus.net

604-944-4910

tricitvdance.com



MEMBERSHIP DIRECTORY BY CATEGORY

DR. V. CHAN. DR. D.T. HERBERTS

& DR. S. HAJEE reception@smilemorepoco.ca 604-941-2211 smilemorepoco.ca

DR. RONALD ELLOWAY INC. elginadmin@shaw.ca 604-942-9739 elgindental.com

ENCORE DENTAL info@encoredental.ca 604-464-4131 encoredental.ca

ON TRACK DENTAL reception@ontrackdental.ca 604-552-9700 ontrackdental.com

POCO COMFORT DENTISTRY info@pococomfortdentistry.com

pocodental.com

drrobrainbow.com

SHAUGHNESSY DENTAL

shaughnessydental@gmail.com 604-941-4064 shaughnessydental.com

DEVELOPERS

ALLAIRE rallaire@allairegrp.com 604-422-8718 allaireliving.com

AMACON CONSTRUCTION LTD edohm@amacon.com 604-602-7700 amacon.com

ANTHEM PROPERTIES GROUP LTD. info@anthemproperties.com

aultrust.com

BEEDIE LIVING Christine.Calvin@beedie.ca 604-435-3321 beedie.ca

info@pcurban.ca 604-282-6085 pcurban.ca

YOUR ONE-STOP SHOP FOR CUSTOMIZED APPAREL EMBROIDERY, SCREEN PRINTING AND PROMOTIONAL PRODUCTS

Xtremethreads.ca



604-474-2510 pococomfortdentistry.com POCO DENTAL GROUP info@pocodental.com 604-941-0244

DR. ROB A RAINBOW INC drrobrainbow@shaw.ca 604-942-5040

604-689-3040 anthemproperties.com AULTRUST FINANCIAL LTD. Navid@aultrust.com 604-336-9021

604-602-7711 onni.com

marcon.ca

EDGAR DEVELOPMENT CORPORATION

info@edgardevelopment.com 604-558-3380 edgardevelopment.com

FARWEST INVESTMENTS LTD.

(CIRC HOLDINGS LTD.) farwestco@telus.net 604-474-0213

ICONA PROPERTIES

mmoore@iconaproperties.com 604-788-5651 iconaproperties.com

JIREH DEVELOPMENT CORPORATION

philipchuali@hotmail.com 604-936-4489 jirehdevelopment.com

MARCON DEVELOPMENTS

smavne@marcon ca 604-530-5646

ONNI GROUP OF COMPANIES

averster@onni.com

PC URBAN PROPERTIES CORP

POLYGON HOMES LTD

info@polyhomes.com 604-877-1131 polyhomes.com

PORTE DEVELOPMENTS

manny@porte.ca 604-732-7651 Porte.ca

OUALEX-LANDMARK LIVING INC

abauer@qualex.ca 604-683-5152 gualex.ca

TERRACAP MANAGEMENT INC.

rchang@terracap.ca 604-468-7214 terracap.ca

WESBILD HOLDINGS LTD.

info@wesbild.com 604-694-8800 wesbild.com

WESGROUP PROPERTIES

efrench@wesgroup.ca 604-364-3383 wesgroup.ca

DISTRIBUTORS

LFT GROUP BRANDS LTD. mail@lft-group.com 604-629-5869 lft-products.com

MODINNO ENTERPRISES

don@modinno.com 604-421-6658 modinno.com

SILVCO TEXTILE MANAGEMENT LTD. greg@silvco.ca 604-464-2090 silvco.ca

SPAIN GOURMET CANADA sandy@spaingourmetcanada.com 604-474-4522 spaingourmetcanada.com

DRY CLEANERS & LAUNDROMATS

POCO LAUNDROMAT 778-285-0805

PORT COOUITLAM OUALITIZING DRY CLEANER LTD. 604 942 5533

EDUCATION & TRAINING

ALL BODY LASER CORP. info@allbodylaser.com 604-773-7515 allbodylaser.com

BC ACADEMY OF MEDICAL AESTHETICS & SKIN CARE INC. 604-336-0900

bcskincareacademy.com

BELLROCK BENCHMARKING INC. answers@bellrock.ca 604-345-0424 bellrock.ca

coastaltraining.ca

COASTAL TRAINING CONSULTANTS LTD randy@coastaltraining.ca 604-464-1249

Bart Aldrich Notary Corporation

34 Tri-Cities Chamber Business Matters Magazine 2023

CODE NINJAS

joe.deobald@codeninjas.com 604-332-8522 codeninjascoguitlam.com **COQUITLAM COLLEGE INC**

kaylene@coquitlamcollege.com 604-939-6633 coquitlamcollege.com

COOUITLAM CONTINUING EDUCATION LINCMedia@sd43.bc.ca 604-936-4261

ce43.com DOUGLAS COLLEGE blancaflort@douglascollege.ca 604-527-5877 douglascollege.ca

ENGLISH EXPANSION 778-838-9306 english-expansion.business.site

FDT ACADEMY cathv@fdtacademv.com 778-903-4611 fdtacademy.com

FUNSHINE LEARNING CENTRE shelina.funshine@gmail.com 604-464-6442 funshinedaycare.com

JW'S MUSIC STUDIO iandwmusic@vahoo.ca 604-603-6985 jandwmusic.ca

MARJORY PURDY - TEACHER 604-732-8836 marjorypurdypiano.com

MATH4ME math4metricities@gmail.com 604-754-5860 math4me.ca

NEW FORCE EDUCATION PortCoguitlam@ SeriouslyAddictiveMaths.ca

236-518-6284 portcoguitlam.seriouslyaddictivemaths.ca

A Good Person to Know **Real Estate Transfers** Mortgages Wills **Power of Attorney Declarations** Affidavits

General Notary BCNotaries 100

604-464-3136 Fax: 604-464-4010 #105 - 2655 Mary Hill Road, Port Coquitlam (across from Poco Building Supplies) Email: info@notaryco.ca www.coquitlamnotarypublic.ca

NEW HORIZON MONTESSORI SCHOOL LTD.

andysieja@hotmail.com 604-374-7900 PARKLAND PLAYERS LTD

management@parklandplayers.com 604-670-8830 parklandplayers.com

ROYAL METRO COLLEGE info@rovalmetro.ca 604-492-2005

royalmetrocollege.com SAFE + SOUND FIRST AID TRAINING LTD. info@learnfirstaid.ca

604-945-7277 learnfirstaid.ca SCHOOL DISTRICT NO.43

pgartland@sd43.bc.ca 604-939-9201

sd43.bc.ca SOLVEDIA CONSULTING LTD.

info@solvedia.com 672-513-4555 solvedia.com

STEPPING 4WORDS LEARNING CENTER LTD info@stepping4words.com

604-837-2459 stepping4words.com THE TRI-CITY SCHOOL OF MUSIC office@tricitvschoolofmusic.com

604-474-4766 tricitymusic.ca USTUDY

info@ustudv.world 778-723-2973 UStudy.world

VINOZEN ACADEMY kaichang@vinozen.ca 778-229-9078 vinozen.ca

YES ACOUISITIONS INC

kyle.zelazny@yesa.ca 604-492-5100 vesa.ca

ELECTRICAL SERVICES

BD ELECTRICAL LTD. 604-374-7459 bdelectrical.ca

COMAR ELECTRICAL SERVICES LTD. info@comarelectric.com 604-941-7646

comarelectric.com ELECTRA FIX APPLIANCE REPAIR LTD.

office@electrafixbc.ca 778-941-7758 electrafixbc.ca

PWPC ELECTRICAL SERVICES info@pwpc.ca 604-468-7972

pwpc.ca

EMPLOYMENT SERVICES

EXPRESS EMPLOYMENT PROFESSIONALS Catherine.Ackerman@expresspros.com 604-944-8530 expresspros.com/coquitlambc

LABOUR UNLIMITED

poco@labourunlimited.com 604-945-8277 labourunlimited.com

THE TANDEM TEAM ellie@thetandemteam.com 604-436-9311

thetandemteam.com ENGINEERING PRODUCTS & SERVICES

BMP ENGINEERING & INSPECTION INC mitch@bmp.engineering 604-349-2825 bmp.engineering

CARDINAL ENGINEERING LTD. djrbook@gmail.com

604-250-9038 **CREATIVE TRANSPORTATION SOLUTIONS**

jvoss@cts-bc.com 604-936-6190 cts-bc.com

DYNAMIC STRUCTURES Darren.Brown@DvnamicAttractions.com 604-639-8200 dynamicattractions.com

KONTUR GEOTECHNICAL CONSULTANTS INC. info@kontur.ca 778-730-1747

kontur.ca TARGET LAND SURVEYING

mike@targetlandsurveying.ca 604-936-6151 targetlandsurveying.ca

WYVERN HOLDINGS INC. linda.pringle@wyverngroup.ca

604-329-5554 wyvernholdings.com

ENTERTAINMENT

HARD ROCK CASINO VANCOUVER megan.wang@gcgaming.com 604-523-6888 hardrockcasinovancouver.com

THE GIGGLE DAM DINNER THEATRE LTD. boxoffice@giggledam.com 604-944-4453 giggledam.com

ENVIRONMENTAL PRODUCTS &

SERVICES SYNERGYASPEN ENVIRONMENTAL INC.

dgorsic@synergyaspen.ca 604-931-1026 synergyaspen.ca

TRU EARTH colleen@tru.earth 778-508-3568 tru.earth

MEMBERSHIP DIRECTORY BY CATEGORY

EVENT PLANNERS

NOTEABLE ENTERTAINMENT AND EVENTS 604-468-2911 noteable.net

REVEAL EVENTS GROUP alex@revealeventsgroup.com 604-506-7245 revealeventsgroup.com

SPOTLIGHT EVENTS paige@spotlightevents.ca 778-885-8815 spotlightevents.ca

UNIQUELY YOU EVENTS events@uniquelyyoubc.ca 778-388-4425 uniquelyyoubc.ca

FINANCIAL INSTITUTIONS

BANK OF MONTREAL (BMO) 604-665-6665 branches.bmo.combc/portcoquitlamb2707

BUSINESS DEVELOPMENT BANK OF CANADA Patricia.MITRIKAS@bdc.ca 604-927-1413 bdc.ca

CANADIAN WESTERN BANK

Chris.Keane@cwbank.com 604-540-8829 cwbank.com

CIBC BUSINESS BANKING rvan.burtini@cibc.com 604-218-0609 cibc.com

GULF & FRASER ylomas@gffg.com 604-549-5300 gffg.com

PROSPERA CREDIT UNION mehran.aazamifard@prospera.ca 604-549-2611 prospera.ca

RBC BUSINESS BANKING christine.an@rbc.com 604-362-0777

SCOTIABANK - BRUNETTE scotiabank.com

SCOTIABANK - COQUITLAM CENTRE gauri.ratna@scotiabank.com 604-927-7076 Ext 4000 scotiabank.com

tdcanadatrust.ca PORT MOODY marv.vellani@td.com 604-933-2330 tdcanadatrust.ca



SCOTIABANK - NORTH ROAD AND AUSTIN gauri.ratna@scotiabank.com

604-933-3323 scotiabank.com

SCOTIABANK - ROYNAT

andrew.wilson@rovnat.com 604-562-4284 roynat.com

SCOTIABANK - SHAUGHNESSY

andrea.nelson@scotiabank.com 604-927-3226 scotiabank.com

SCOTIABANK - ST JOHNS

gauri.ratna@scotiabank.com 604-933-5103 scotiabank.com

TD CANADA TRUST - AUSTIN AVENUE

COOUITLAM Zachary.Lord@td.com 604-939-7331

TD CANADA TRUST - BREW STREET -

TD CANADA TRUST - COMO LAKE AVENUE Zachary.Lord@td.com

604-933-4930 tdcanadatrust.ca

TD CANADA TRUST - DAVID AVENUE #101 - COOUITLAM mary.vellani@td.com

778-284-4089 tdcanadatrust.ca

TD CANADA TRUST - JOHNSON ST. COOUITLAM Zachary.Lord@td.com

604-927-5700 tdcanadatrust.ca

TD CANADA TRUST - LOUGHEED HWY #11 PORT COQUITLAM

marv.vellani@td.com 604-464-2322 tdcanadatrust.ca

TD CANADA TRUST - NORTH ROAD COOUITLAM Zachary.Lord@td.com 604-933-4900



TD CANADA TRUST - OTTAWA ST. #100 - PORT COQUITLAM marv.vellani@td.com

604-472-2570 tdcanadatrust.ca

TD COMMERCIAL BANKING. LOWER MAINLAND 604-927-5744 tdcanadatrust.com

VANCITY SAVINGS CREDIT UNION

MAILLARDVILLE COMMUNITY BRANCH patricia_sonier@vancity.com 604-877-2510 vancity.com

VANCITY SAVINGS CREDIT UNION NORTH ROAD COMMUNITY BRANCH tony_ciulla@vancity.com 604-877-7160

vancity.com VANCITY SAVINGS CREDIT UNION

PINETREE COMMUNITY BRANCH cristina_pereira@vancity.com 604-877-7180 vancity.com

VANCITY SAVINGS CREDIT UNION PORT COOUITLAM

susan_devlin@vancity.com 604-877-7330 vancity.com

VANCITY SAVINGS CREDIT UNION PORT MOODY COMMUNITY BRANCH

alice_tanahara@vancity.com 604-877-2520 vancity.com

VANCITY SAVINGS CREDIT UNION **TERMINAL AVE (BILLING BRANCH)**

cristina pereira@vancity.com 604-877-7980 vancity.com

VANCITY SAVINGS CREDIT UNION NORTH SIDE COMMUNITY BRANCH susan_devlin@vancity.com 604-877-2530

vancity.com

FINANCIAL SERVICES

ASHDOWN CAPITAL iosh@ashdowncapital.ca 604-968-7362

ashdowncapital.ca ATTICUS FINANCIAL GROUP

rav@atticusfinancial.com 604-251-5674 atticusfinancial.com

BC WALL STREET MONEY EXCHANGE LTD. 778-285-4446 bcwallstreet.com

36 Tri-Cities Chamber Business Matters Magazine } 2023

BCORP FINANCIAL lori@estevandevelopment.ca 604-939-0095

BITNATIONAL INC bitnational.com

CCC CONSUMER CREDIT COUNSELLING

(1993) LTD info@debtfreecanada.ca 604-435-7800 debtfreecanada.ca

CONNECT CASH SERVICES INC. contact@connect-cash.com 604-522-6777 connect-cash.com

EDGINGTON PRICE WEALTH MANAGEMENT GROUP

tracy.price@rbc.com 604-257-7478 tracyprice.ca **EDWARD JONES - ALYSON NICOL**

alvson.nicol@edwardiones.com 604-931-6850

EDWARD JONES - LENA KESHYSHEVA lena.keshysheva@edwardjones.com 778-322-0346 edwardiones.ca/ca-en/financial-advisor/

lena-keshysheva FIRST OAK FINANCIAL INC.

info@firstoakfinancial.ca 604-761-7543 firstoakfinancial.ca

FOUR PILLARS CONSULTING GROUP INC. 1-866-690-3328 4pillarsdebtconsultants.ca

FRANK ZHUANG - BMO PRIVATE WEALTH han.zhuang@bmo.com 604-665-7171 bmo.comprivatewealth

H & R BLOCK CANADA INC. 604-468-4962

hrblock.ca HELDEN WEALTH CORP. larsborghardt@heldenwealth.com 604-306-1141 heldenwealth.com

HELLOCHAT TECHNOLOGY LTD dzu.nguyen@hellochat.com 778-903-4685 hellochat.com

KATE TSE - RBC FINANCIAL PLANNING kate.tse@rbc.com 778-891-0499

KUBERA PAYMENTS umar.rao@kuberapayments.com 604-484-9297 kuberapayments.com

KYLE HARRIS WEALTH MANAGEMENT. MANULIFE SECURITIES INC. 604-795-5539

harriswealth.ca LEGACY FAMILY OFFICE AT ASSANTE legacyfamilvoffice@assante.com 604-678-3003

legacyfamilyoffice.ca MARTIN P. HARRIS. CFP

martin.harris@investdfsi.ca 604-941-4964 dfsi.ca/advisors

PERLER FINANCIAL GROUP INC.

info@perlerfinancial.com 604-468-0888 perlerwealth.com

PFS PARAMOUNT FINANCIAL SERVICES info@paramountfinancial.biz 604-552-4392 paramountfinancial.biz

PI FINANCIAL glapierre@pifinancial.com

604-552-9600 pifinancialcorp.com

PORTUM FINANCIAL

lisa.carter@sunlife.com 604-683-3656 advisor.sunlife.ca/portumfinancial PRIMERICA FINANCIAL SERVICES

KLaszkiewicz@primerica.com 604-759-5251 primerica.comKLaszkiewicz

SENSIBLE TRANSACTIONS info@sensibletransactions.com 866-259-5775 sensibletransactions.com

FIRE SAFETY

COMMUNITY FIRE PREVENTION LTD. ap@comfire.ca 604-944-9242 comfire.ca

EMT SAFETY PLANNERS info@emtplan.ca 604-657-3577 emtplan.ca

FITNESS

5IVE ELEMENTS FITNESS emma@5ivelementsfitness.ca 778-688-5684

5ivelementsfitness.ca ANYTIME FITNESS

poco@anytimefitness.com 604-492-3481 anvtimefitness.com **ANYTIME FITNESS**

jen.johnson@anytimefitness.com 604-492-3481 anytimefitness.com

DIDOSHAK HEALTH AND FITNESS

didoshak.com FREESTYLE FITNESS train@freestylefitnessbc.com 604-376-4041

freestylefitnessbc.com GOLD'S GYM PORT COQUITLAM

joel@goldsgymbc.ca 778-285-4653 goldsgymbc.ca/golds-gym-poco

INNOVATIVE FITNESS COQUITLAM coguitlam@innovativefitness.com 604-945-0629 innovativefitness.com

INNOVATIVE FITNESS PORT MOODY

kris@innovativefitness.com 778-355-9800 innovativefitness.com

KUSHALA YOGA inguiry@kushalayoga.com 604-461-9642 kushalayoga.com

MARY HILL FIT BODY BOOT CAMP moe@mhfbbc.com

778-284-1284 maryhillfitbodybootcamp.com

RASA FLOW YOGA LTD 604-971-5230 rasaflowyoga.comearth

SADHANA YOGA AND SOUND info@sadhanayogaandsound.ca

604-897-6099 sadhanayogaandsound.ca TWIST PERFORMANCE + WELLNESS

TRI-CITIES

michele@twisttricities.com 778-285-6252 twisttricities.com

WESTWOOD GOJU-RYU info@westwoodkarate.ca

604-552-2066 westwoodkarate.ca

WESTCOAST IRON GYM coryknox2@hotmail.com 604-999-2431 westcoastirononline.com

FLOORING

FLOOR COVERINGS INTERNATIONAL andrea.gortarez@ floorcoveringsinternational.com

778-897-3500 nevan.floorcoveringsinternational.com

INNER-CITY FLOORING SALES & INSTALLATION SERVICES INC.

604-474-1722 innercityflooring.com

MULTI FLOORING INC. info@multiflooring.ca 604-475-7600 multiflooring.ca

FLORIST

COQUITLAM FLORIST coquitlamflorist@telus.net 604-942-7337 coquitlamflorist.ca

FOOD & BEVERAGE PRODUCTS

ANDREW PELLER LIMITED kirk.seggie@andrewpeller.com 604.267.9463 andrewpeller.com

AVA BAKERY

ava.bakery.ca@gmail.com 778-941-5848 avabakery.ca

MEMBERSHIP DIRECTORY BY CATEGORY

PHOX FOODS

1-888.467.1333

ROSS CHOCOLATES

phoxfoods.com

778.806.6390

rosschocolates.ca

778-819-3555

soulbitefood.com

SYSCO VANCOUVER

604.944.4410

604.472.2204

vanhoutte.com

604-288-7447

freightplus.com

Get back to work, play and life!

Are you waiting for an MRI?

Full COVID precautions in place.

CALL FOR APPOINTMENT

MRI must be medically necessary and

requires a doctor's requisition.

604.941.8780 • medravimaging.com

108-3001 Gordon Ave..

Coquitlam

sysco.ca

SOUL BITE FOOD INC.

jordan@phoxfoods.com

sales@rosschocolates.ca

reihanemiriani@gmail.com

cinkant.rob@van.svsco.ca

neifler@vanhoutte.com

FREIGHT & BROKERING

CANADA FREIGHT PLUS

VAN HOUTTE COFFEE SERVICES INC.

steve.townsend@freightplus.com

CARMI FLAVOR & FRAGRANCE

cnsales@carmiflavors.com 604.468.9800 carmiflavors.com

GABI & JULES HANDMADE PIES AND BAKED GOODNESS

lisa@gabiandiules.com 604.492.4226 gabiandiules.com

GOUWENBERG FARMS LTD. 604.796.3225

CAT & FIDDLE PUB catandfiddle@shaw.ca 604-941-8822 catandfiddlepub.ca

MOODY ALES LTD. office@moodvales.com 604.492.3911

moodyales.com NATU'OIL SERVICES INC. iamil@natuoil.com

604-941-1791

OPPENHEIMER GROUP

eirtz@oppy.com

oppyproduce.com

604.461.6779

natuoil.com

FRACHT CANADA FREIGHT INC.

jurgen.thonigs@ca.fracht.com 604-291-8009 frachtcanada.ca

VANCOUVER FRASER PORT AUTHORITY

ram.chungh@portmetrovancouver.com 604-665-9000 portvancouver.com

FUNERAL HOMES

AFFORDABLE CREMATION & BURIAL LTD. 604-936-9913

affordablecremationandburial.ca

ANORA CREMATION. BURIAL & EVENTS Laurie@ANORAlife.com 604-475-7322 ANORAlife.com

FIRST MEMORIAL BURKEVIEW CHAPEL susan.murphy@dignitymemorial.com 604-944-4128

firstmemorialportcoguitlam.com

OLIVEIRA FUNERAL SERVICES LTD. oliveirafunerals@gmail.com 604-942-7920 oliveirafuneralhome.com

GOLF

EAGLEQUEST GOLF - COQUITLAM coquitlam@eaglequestgolf.com

604.523.6400 eaglequestgolf.com

LAGO GOLF ACADEMY plago@lagogolfacademy.com 778-980-1027 lagogolfacademy.com

VANCOUVER GOLF CLUB admin@vancouvergolfclub.com 604.936.3404 vancouvergolfclub.com

WESTWOOD PLATEAU GOLF & COUNTRY CLUB info@westwoodplateaugolf.com 604.945.4007 westwoodplateaugolf.com

GOVERNMENT

BONITA ZARRILLO-MP -PORT MOODY COQUITLAM bonita.zarrillo@parl.gc.ca 604-664-9229



www.wiseheartcounselling.com

2023 Tri-Cities Chamber Business Matters Magazine 37

f

Kwikwəżəm kwikwetlem first nation

jill@kwikwetlem.com 604-540-0680 kwikwetlem.com

CITY OF COQUITLAM mayor_council@coquitlam.ca 604-927-3000 coquitlam.ca

CITY OF PORT COQUITLAM admin@portcoguitlam.ca 604-927-5410

portcoquitlam.ca **CITY OF PORT MOODY**

swilliamson@portmoody.ca 604-469-4500 portmoodv.ca

FIN DONNELLY, MLA fin.donnelly.mla@leg.bc.ca findonnellymla.ca

INVEST IN CANADA megan.henwood@invcanada.ca 506-478-0882

MIKE FARNWORTH -MLA PORT COOUITLAM mike.farnworth.mla@leg.bc.ca 604-927-2088 mikefarnworthmla.ca

RICK GLUMAC. MLA PORT MOODY-COQUITLAM. ANMORE AND BELCARRA Rick.Glumac.MLA@leg.bc.ca 604-936-8709 rickglumac.ca

RON MCKINNON- MP COQUITLAM-PORT COQUITLAM

Ron.McKinnon@parl.gc.ca 604-927-1080 ronmckinnon.org

SELINA ROBINSON. MLA selina.robinson.mla@leg.bc.ca 604-933-2001 selinarobinson.ca

SERVICE CANADA claudia.almendares@servicecanada.gc.ca

1-800-0-CANADA servicecanada.gc.ca

VILLAGE OF ANMORE village.hall@anmore.com 604-469-9877

anmore.com **VILLAGE OF BELCARRA** prichardson@belcarra.ca

604-937-4100 belcarra.ca

GRAPHIC DESIGN

DEMELO DESIGNS hello@amidemelo.com 604-290-8352 amidemelo.com

JACARANDA MARKETING + DESIGN kirstin@jacaranda.ca

778-987-5759 jacaranda.ca

GROCERY

A & A MEATS 604-942-5557 a-a-meat-shop.business.site

CITY AVENUE MARKET kevin@citvavenuemarket.ca 604-945-7741 cityavenuemarket.ca

DAY 2 DAY HALAL MARKET LIMITED storefronthaidari@gmail.com 604-468-2548 dav2davrestaurant.info

EUROPE BAKERY AND DELI 604-942-5955 europebakery.ca

FRESHMART freshmartpoco@gmail.com 604-942-6126 freshmart.ca

FRUITICANA FRUITS & VEGETABLES info@fruiticana.com 604-464-0822 fruiticana.com

GARDENIA FOODS LTD. 604-554-0169

LATINO DELI LTD. info@latinodeli.ca 604-472-9966 facebook.comLatinoDeli

MARIA'S HOME-STYLE PIEROGIES 604-468-8748 facebook.commariaskitchenandcatering

NATUREWAY FARM MARKET

info@naturewav.ca 604-468-4206 store.naturewav.ca POCO TOWN PANTRY

604-941-8884 **SAFEWAY - STARBUCKS**

604-945-4072 SAFEWAY #4936 LTC 604-945-4072 safeway.ca/stores/safeway-

shaughnessy-station SHOPPERS DRUG MART #2143 asdm2143@shoppersdrugmart.ca 604-461-7506

shoppersdrugmart.ca SUN MART sunmarthg@gmail.com 604-942-4808

HEALTH PRODUCTS

FACTORS GROUP OF NUTRITIONAL COMPANIES INC. Jtavares@factorsgroup.com 604.777.1757 naturalfactors.com

FIT FOODS info@fitfoods.ca 604-464-3524

38 Tri-Cities Chamber Business Matters Magazine 2023

fitfoods.ca

KINTEC FOOTWEAR + ORTHOTICS

epaqtakhan@kintec.net 604-783-5246 kintec.net

MAJNMAR GLOBAL TRADING CORP. mhalabi@majnmar.com 778.872.3876

majnmar.com PRAIRIE NATURALS HEALTH PRODUCTS INC.

deborah@prairienaturals.ca 604.525.4950 prairienaturals.ca PRIME HEALTH LTD. info@myprimehealth.ca

604.945.6744 myprimehealth.com

HEALTH SERVICES

ACU-PRO REHABILITATION pvatish@acuprorehab.com 604-464-3355 acuprophysio.com ALTURA MASSAGE THERAPY info@alturamassage.com 604-936-6008 alturamassage.com **ASTER WELLNESS CENTRE** info@asterwellness.ca 604-474-2790

asterwellness.ca BALANCE NEUROFEEDBACK drweir@shaw.ca

604-931-1031 brainintobalance.com

BALANCED HEALTH WELLNESS CENTRE alyssa_canning@hotmail.ca 604-345-4439 balancedhealthwellness.ca

BRITTANY GORMAN, RMT

BUMP PHYSIO & CO janelle@bumpphysioco.ca 604-562-2867 bumpphysioco.ca

BURKE MOUNTAIN OPTOMETRY burkemountainoptometry@shaw.ca

604-941-9338 burkemountainoptometry.com

CARIAD WELLNESS hello@cariadwellness.com

604-355-5283 cariadwellness.com

CHINA ACUPUNCTURE & HERBAL CLINIC drmai@china-acupuncture.net 604-464-6523

china-acupuncture.net **CITADEL SPEECH AND LANGUAGE SERVICES**

becca@citadelslp.ca 604-345-3641 Citadelslp.ca

COAST MENTAL HEALTH

keir.macdonald@coastmentalhealth.com 604-872-3502 coastmentalhealth.com

COAST THERAPY TRI-CITIES anita@coasttherapy.ca 604-808-7775 coasttherapy.ca

DERMA CLINIC kat@dermaclinic.ca

604-761-9681 dermaclinic.ca DR. AMBER KENMUIR 604-738-1168

cedarhealth.ca DR. CHUCK JUNG & ASSOC

604-874-6754 chuckjung.com

DR. JENNIFER YUN INC. jm2yun@yahoo.com

604-944-5930 DR. JESSICA MCGUIRE. ND

604-944-6002 drjessnd.ca DR. J.N. FLETCHER INC. drinfletcher@shawbiz.ca

604-942-4311 drinfletcher.ca

DR. KARINA FUENTES drfuentes@karinafuentes.com 604-616-1835 karinafuentes.com

DR. KEITH SAUNDERS drkeithsaunders@shaw.ca

604-802-5202 drkeithsaunders.wixsite.com

DR. ROBIN VAN DER MARK 604-464-2225

elginchiropractic.ca EASY ALLIED HEALTH LTD. info@easvalliedhealth.ca

604-305-0037 easyalliedhealth.ca ELGIN MEDICAL CLINIC

604-942-7292 elginmedical.ca

ELGIN MASSAGE CHIROPRACTIC drslater@elginchiropractic.ca

604-464-2225 elginchiropractic.ca

ELGIN THERAPEUTIC MASSAGE & WELLNESS LTD.

info@pocomassage.ca 604-945-9401

pocomassage.ca FULCRUM THERAPY

info@fulcrumtherapy.ca 604-917-0777 fulcrumtherapy.ca

MEMBERSHIP DIRECTORY BY CATEGORY

GREEN FAMILY WELLNESS CENTRE INC.

greenfamilywellness@gmail.com 604-464-7771 greenfamilywellness.com

GREENWAY MIDWIFERY 604-330-6802 greenwaymidwifery.com

HARMONY MASSAGE THERAPY info@harmonymassagetherapy.ca 604-944-4402 harmonymassagetherapy.ca

HEALING CEDAR WELLNESS clara@healingcedarwellness.com 604-469-1616 HealingCedarWellness.com

HEALING SOUL HYPNOSIS info@healingsoulhypnosis.com 604-837-3746 healingsoulhypnosis.com

IMAGINE LASERWORKS coguitlam@imaginelaserworks.com 604-464-8847 imaginelaserworks.com

The computer

house calls.

doctor who makes

Call us for help and

expert advice today

dward Texada (Scoreculer) fel: (604) 435 8254 foll free 1 855 630 4449

www.computerageserviceent.com E-Mait: info@computerageserviceent.com

INLET HEARING

cynthia@inlethearing.ca 604-939-1059 inlethearing.ca

IPS PROGRAM, TRI-CITIES MENTAL HEALTH Michael.Broderick@fraserhealth.ca

604-777-8440 ISAGENIX INTERNATIONAL barbarajones471@gmail.com 604-603-2799

JACOUI REFLEXOLOGY jacqui.counselling.healing@gmail.com 604-944-6002 iacquireflexologyand.com

KELLY TANSLEY REGISTERED MASSAGE

kellvtanslevrmt@gmail.com

kellytansleyrmt.janeapp.com

LISA LAWRIE (RMT) - HEALING CEDAR

Is your business keeping you up at night with the tools

you use (desktop/notebook computers, tablets, and

smartphones) affecting you

We'll determine the cause(s)

business tools back on track

Professional

Call us for expert help today

Edward Lissack

Microsoft Certified

aabtax.ca

mplement treatments/

solutions and get your

operations?

lisa@healingcedarwellness.com

THERAPIST

778-233-4029

KYLA BECK. RMT

604-469-1616

WELLNESS

COMPUTER AGE SERVICE ENTERPRISES

Computer Sales, Consulting, Training & Service

AABTAX Access Accounting TM Bookkeeping & Tax Services

FULL ACCOUNTING SERVICES

We are experts in Small Business.

Personal tax, GST, PST, WCB.

YOU CAN COUNT ON US!

604.552.4375

MAJNMAR GLOBAL TRADING CORP.

mhalabi@majnmar.com 778-872-3876 majnmar.com

MANHAS HEALTH CO.

manhasmedical@gmail.com 604-937-5953 manhashealth.com

MASSAGE ADDICT

rdalton@massageaddict.ca 778-285-0355

massageaddict.ca/portcoguitlam

MEDRAY IMAGING MEDICAL CORPORATION r.webster@medrayimaging.com 604-941-7611 medrayimaging.com

MEMANDU MASSAGE THERAPIST CORP

604-944-4402 memandumassagetherapy.com

MINDFUL NOURISHMENT

nabila@mindfulnourishment.ca 604-831-6506 mindfulnourishment.ca

MYOKINETICS REGISTERED MASSAGE THERAPY

Myokineticsrmt@gmail.com 604-474-2282 myokineticsrmt.com

NANCY PROBER, R.PSYCH 604-871-0490 changeways.comaboutus/staff/drprober/ drprober.html

NATALIE RILEY PHYSIOTHERAPY

NETWORK HEARING info@networkhearing.ca 604-552-4503 networkhearing.ca

NICOLE JAGO. RMT

NOVA ACTIVE REHAB info@novaactiverehab.com 604-783-8300 novaactiverehab.com

PLAYWORKS PHYSIO hello@playworksphysio.com 604-492-3888 playworksphysio.com



CREMATION BURIAL &

Let us be beside you. Let us help

guide you.

Let us be your light.

604-475-7322

anoralife.com

2909 Keets Drive Coguitlam, BC V3C 612



HONDURING THE JOURNEY OF LIFE & DEATH

POCO CHIROPRACTIC INC.

hello@pocochiropractic.com 1-604-464-1325 pocochiropractic.com

PURPOSEFUL LIVING NUTRITION

& LIFESTYLE purposefulliving@shaw.ca 604-868-1908 purposefulliving.ca

RAINCOAST ELEMENTAL WELLNESS AND CONSULTING INC.

raincoastelemental@gmail.com 778-389-5152 raincoastelemental.com

RAY CLINIC drcharlenechan@gmail.com 604-461-7900 ravclinic.ca

RIVERSIDE MASSAGE THERAPY

info@riversidemassagetherapy.ca 604-474-2263 riversidemassagetherapy.ca

SHAUGHNESSY SENIORS COMMUNITY smaclennan@ppsl.com 604-468-4856 parkplaceseniorsliving.com

SKYLARK THERAPY LTD.

info@skylarktherapy.ca 604-931-8546 tricitiestherapy.ca SNORE MD INC.

poco@snoremdcanada.ca 604-481-0164 snoremdcanada.ca

STATION PHYSIOTHERAPY info@stationphysio.com 604-474-2800

stationphysio.com STRAWBERRIES AND SUNSHINE

HEALING CENTRE info@strawberriesandsunshine.ca 604-944-6002 strawberriesandsunshine.ca

STRIVE HEALTH & PERFORMANCE

drcanil@strivehealthandperformance.ca 778-355-3050 strivehealthandperformance.ca

SUPERNATURAL PRODUCTS

supernaturalproducts11@gmail.com 778-791-4440 supernaturalproducts.ca

THERAPY HUB

ana.info@therapyhub.ca 778-223-2864 therapyhub.ca

UNIQCON HEALTH info@uniqconhealth.com 604-345-3009 unigconhealth.com

VIGOUR HEALTH & BEAUTY alfred.lam@vigourlifestyle.com 604-941-0082 vigourlifestyle.com

WELLNESS REDONE info@wellnessredone.com 416-702-8435

wellnessredone.com WESTCOAST SMART CHOICE INVESTMENTS

(DBA WESTCOAST SCI) info@westcoastsci.com 604-500-7811 westcoastsci.com

WESTPRO PHYSIOTHERAPY info@westprophysio.com 604-440-0941 westprophysio.com

HOME & GARDEN SERVICES

KLEARPRO SOLUTIONS steveklearpro@gmail.com 778-235-7209 klearpro.com

SONATA DESIGN & SUNBURST CLOSETS service@sunburstshutters.ca 604-436-3400

sunburstshutters.ca

HOME SUPPORT SERVICES

AGING MY WAY HOME CARE INC. roberta@agingmyway.ca 604-290-8331 agingmywayhomecare.ca

BIG HEARTS HOMECARE info@bigheartshomecare.ca 604-218-2071 bigheartshomecare.ca

ETHICAL CARE AT HOME

mmanaloto@ethicalcarehome.ca 778-903-5683 Ethicalcareathome.ca

HOME INSTEAD SENIOR CARE iudv.costiuk@homeinstead.com 604-552-3324 homeinstead.com3003

MEMBERSHIP DIRECTORY BY CATEGORY

JUST LIKE FAMILY HOME CARE

bklassen@justlikefamily.ca 778-858-2748 justlikefamily.ca

NURSE NEXT DOOR HOME CARE SERVICES carol.lange@nursenextdoor.com 778-227-2903 nursenextdoor.com

OUALICARE TRI CITIES bcadmin@qualicare.com 778-730-0225 gualicare.comtri-cities

SAFE CARE HOME SUPPORT massi@safecarehomesupport.ca 604-945-5005 safecarehomesupport.ca

HUMAN RESOURCES

CREATING CULTURE ien@creating-culture.ca 778-866-5366 creating-culture.ca

EE HR CONSULTING hello@eehrconsulting.ca 1-855-880-8247 eehrconsulting.ca

HVAC

ADN REFRIGERATION LTD. cathy@adnrefrigeration.com 604-945-0788 adnrefrigeration.com

CAM COOL REFRIGERATION INC. iessica@camcool.ca 604-781-9164 camcool.ca

COMPETITION HVAC INC. accounting@competitionhvac.ca 604-945-8227 competitionhvac.ca

CREATIVE PLUMBING & HEATING LTD info@creativeplumbing.ca

CUSTOM AIR CONDITIONING LTD.

MCCONNELL AIR CONDITIONING &

mcconnellairconditioning.com

Service Offerings

604-944-3256

604-945-7728

REFRIGERATION

tmac@shaw.ca

604-464-9496

customair.ca

creativeplumbing.ca

meganc@customair.ca





Δdviso

Your Tri-City MLAs



Our community offices are here to assist with provincial government programs & services.



Mike Farnworth, MLA Port Coquitlam 604-927-2088 Mike.Farnworth.MLA@leg.bc.ca

Selina Robinson, MLA Coquitlam-Maillardville 604-933-2001 Selina.Robinson.MLA@leg.bc.ca

Fin Donnelly, MLA Coquitlam-Burke Mountain 604-942-5020 Fin.Donnelly.MLA@leg.bc.ca

Rick Glumac, MLA Port Moody-Coquitlam 604-936-8709 Rick.Glumac.MLA@leg.bc.ca

Workforce Solutions from Express Employment Professionals

Our range of staffing solution

allows us to develop unique

orkforce strategies that

help ensure you meet

oductivity goals

• Temporary Staffing

Contract Staffing

Timekeeping and

Vendor Manageme

Evaluation Hire
 Direct Hire



talented people for every leve

and area within your c

Light Industrial

Office Service

Skilled Trades

Profess

















and resources ntly evolving to meet eve changing market demands. Depending on your specific situation, additional rces may be available ExpressLane – a vendor

management service Specialized Recruiting Group* Express Healthcare Profe

Contact Express today! Catherine Ackerman (604) 944-8530

Coguitlam, BC V3B 2P7

#103 - 2973 Glen Driv

Total Client Care

Ultimately, our goal is to earn the right to be an integral part of your many's success, not just through the services we offer you but also in the level of trust we place in each other.

We're locally owned and operated with the port and stability of an internationa headquarters with four decades of staffing and HR expertise. It's the best of both worlds—small business flexibility, big company resources

Express

40 Tri-Cities Chamber Business Matters Magazine } 2023

MJM MECHANICAL SERVICES

m.mcknight@mjmmechanicalservice.ca 1-844-656-7378 mjmmechanicalservice.ca

PLAZR SALES INC info@plazr.ca

604-474-2526

plazr.ca

SHEEHAN PLUMBING & HEATING LTD. info@sheehanplumbing.ca

604-931-3921 sheehanplumbing.ca

IMPORT & EXPORT

KAM KIU ALUMINUM PRODUCTS LTD

racheliu@kamkiu.com 604-945-3336 kamkiu.com

ONE WORLD MARKET INC. Raul@oneworldm.ca 778-233-1952 oneworldm.ca

PACIFIC CELLULOSE SERVICES LTD.

pcs.nacell@gmail.com 604-941-1317



Wealth Management **Dominion Securities**

EDGINGTON PRICE WEALTH MANAGEMENT GROUP of **RBC** Dominion Securities

We provide comprehensive weath management services for Executives, Professionals and Business Owners by integrating sustainable and responsible values, with your family and future in sight.



Tracy Price, BBA, Manager & Wealth



Ryan Edgington, PFP CIM R Senior Portf Manager & Wealth

We redefine private wealth management bydiscovering what truly matters to you. This includes a comprehensive approach of aligning your financial goals with shared values that offer meaning, purpose and connection.

This is where we excel! We are proud of the work that we do and invite you to meet with us to experience first-hand what we're all about. Rediscovering shared purpose and the your legacy

Envisioning a better future begins by leading with the responsible opportunities of today.

Edgington Price Wealth Management Group quitlam, BC V3B 0J1 604-257-7478 | Toll free: 1-844-250-7877

r more information on how you can align ur investment goals with shared values of uilding a better work, please visit: edgingtonprice.com

PEGASUS COMMODITIES

lianot@shaw.ca 604-492-2230 pegasuscommodities.ca

INDUSTRIAL SUPPLIES & SERVICES

ALASKAN COPPER robinm@alaskancopper.com 604-937-6620 alaskancopper.com

INSPECTION SERVICES

A.I NDT LABS INC info@aindtlab.com 604-469-5976 aindtlab.com

JAMES DOBNEY INSPECTIONS info@iamesdobnev.com

604-942-8272 jamesdobney.com

INSURANCE

BLAIKIE INSURANCE SERVICES LTD 604-941-9186

COQUITLAM AGENCY (1982) LTD info@coquitlamagencies.com 604-941-0544 coguitlamagencies.com

DON WOTHERSPOON & ASSOCIATES LTD carolgl@wotherspoonins.com

604-603-4490 wotherspoonins.com **INSURELINE BROKERS INC.**

604-941-1009 insurelineselect.com

NEXUS INSURANCE BROKERS LTD. ken@nexusinsurancebrokers.com 604-420-2501 nexusinsurancebrokers.com

RANGER WEST INSURANCE SERVICES INC. brandon@rwfinancial.com 604-936-2712 rwfinancial.com

SCHILL INSURANCE BROKERS LTD. michelle@schillinsurance.com 604-931-2722 schillinsurance.com

S T INSURANCE AGENCY LTD kathy@stinsurance.com

604-942-6188 stinsurance.com WESTLAND INSURANCE GROUP LTD.

coquitlam@westlandinsurance.ca 604-464-0044 westlandinsurance.ca

INTERIOR DESIGN

BUDGET BLINDS OF TRICITY-RIDGE MEADOWS bbof604@budgetblinds.com 604-944-3375

budgetblinds.comtricity

FIZZAHARRIS DESIGNS contact@fizzaharrisdesigns.com 236-987-1811 fizzaharrisdesigns.com

GRACIE'S DRAPERIES & INTERIORS gracieadoo@gmail.com 604-600-3781

JAMIE BANFIELD DESIGN info@iamiebanfield.ca

604-385-1646 jamiebanfield.ca LISON DESIGN lison@lisondesign.com 604-657-8184

lisondesign.com SHERWIN-WILLIAMS CANADA INC. sw763594@sherwin.com

604-461-2089 sherwin-williams.ca THOMA AND CO DESIGNS

Thoma@shaw.ca 604-341-6164 ThomaAndCo.ca

VIVID STONE PANELS & TILE LTD vividstonepanels@yahoo.com 604-474-1724 vividstoneandtile.com

ACTIVECO TECHNOLOGY MANAGEMENT info@activeco.com 604-931-3633 activeco.com

ANDLOR CONSULTING INC. andre@andlor.com 604-687-1130 ext 2

AO COMPUTERWORKS LTD DBA COMPUTERWORKS

clientcare@computerworks.ca 604-552-4008 computerworks.ca

BEELYTIX / TIM THOMPSON CONSULTING timthompson@shaw.ca 604-928-4412

MEMBERSHIP DIRECTORY BY CATEGORY

BIZBRO IT SOLUTIONS INC. sumeet@bizbro.ca

604-639-2150 bizbro.ca

COMPUTER AGE SERVICE ENTERPRISES edward.lissack@computerageserviceent.com 604-435-8254 computerageserviceent.com

GRAYTEK SOLUTIONS caroline@graytek.ca 604-529-1034 graytek.ca

JAGUAR IT SERVICES info@jagitservices.com 604-941-4357

MCS MICRO COMPUTER SERVICES LTD mcsltd@shaw.ca 604-941-3828

mcsltd.com TALENTUM HR info@talentumhr.ca 604-728-7467 talentumhr.ca

TECHRUN CONSULTING hmk mousavi@vahoo.ca 604-561-5703

WISEINGRESS SOFTWARE SERVICES

info@wiseingress.io 672-514-1121 wiseingress.io

LANDSCAPING & TREE CARE

ATC LANDSCAPE steve@atclandscape.com 604-720-2853 atclandscape.com

604-682-1800

BETTER IMAGE PROPERTY MAINTENANCE INC. messages@betterimage.bc.ca maintenancecrew.ca

LAWN & ORDER LANDSCAPING davesivey@hotmail.com 604-379-0121

MARC'S LAWN CARE & LAND marcslawncare@shaw.ca 604-315-8954

THE GRASS MAN LAWN CARE COMPANY 604-307-3790 grassmanlawncare.ca

604-240-7107 info@cimma.ca 778-716-8716 cimma.ca

bcpli.com

Solutions for All of Your Company's Needs



One Comprehensive Payment Portal Three simple steps

Step 1: Enter transaction details Step 2: Charge customer credit card

Step 3: Capture signature



refunds

If you have a device that connects to the internet like your laptop, you have a device that can be your payment terminal. The web terminal offers a streamlined process for transactions and authorizations, if needed they can also be used for

Hosted Pay

Check Out With HPP - Your own Hosted Payment Processing Page It works this way:

Your customer decided to buy a product, they add the product to the shopping cart. Once ready to pay, the system redirects the customer to the HPP in a seamless manner. They enter their credit card information The transaction is completed and the HPP generates a receip



Easily Integrate Your System Developers can integrate with less code and in less time. Compatible code makes the API easy to integrate.

Developers will like the solution and how quickly the job can be completed. Customization is the key to success with our API. Cart integration can be simple and straightforward with our API. If you have chosen to use our application, we can also help with your hosted payment pag

> sensibletransactions.com info@sensibletransactions.com

AWARD WINNING SALES & SERVICE SINCE 1978



securely accepts online payments through the application of a secure API that works seamlessly with many CRMs as well as e-commerce platforms and hosted pages

E-Commerce Solutions We process payments Canada-wide securely online

Sensible Transactions'® online payment solution

Employing chip and PIN, tap and pay and mobile wallets such as Apple Pay and other mobile wallets. Your transactions are encrypted and they are not stored on the device. Worry less about security and think more





Encrypted Information Credit card information is always encrypted and neve

Branded Email Receipts Option to print the receipt with Bluetooth and or a countertop printer

Efficient Sales Force Management Sales and employees are matched ensuring efficient sales force managemen

Gross Sales Are Instantly Accessible Transactions are cloud-based. Data is accessible to your company at all times, on all devices connected to your account, based on permissions. Instantaneous revenue tracking.

about sales and revenue





Payment processing on your mobile device

stored on the device.



ASHDIN LAW CORP

LEGAL

ish@ashdinlaw.com 778-892-9790 ashdinlaw.com

BART ALDRICH NOTARY CORPORATION info@notarvco.ca 604-464-3136

coquitlamnotarypublic.ca **BC PROFESSIONAL LEGAL INTERPRETERS**

INCORPORATED bookings@bcpli.com 604-945-2829

BTM LAWYERS LLP

info@btmlawyers.com 604-937-1166 btmlawyers.com

C. KERI MARTENS CORPORATION ckerimartens@gmail.com

CIMMA CANADIAN IMMIGRATION ACCESS

CLARK WOODS LLP

guyle@clarkwoods.ca 604-330-1777 clarkwoods.ca

CLARKSON LAW CORPORATION contact@clarkson.law 604-917-0469 clarkson.law

CONTRERAS LAW johann@contreraslaw.ca 604-917-0473 contreraslaw.ca

DICK DARRELL G.L. 604-941-4045 threeriverslaw.ca

DRYSDALE. BACON. MCSTRAVICK teresa@dbmlaw.ca

604-939-8321 dbmlaw.ca FAIRWAY DIVORCE SOLUTIONS

mshebib@fairwavdivorce.com 1-778-990-3247 fairwaydivorce.com

FINESTRA LAW helena@finestralaw.ca 604-901-1015 finestralaw.ca





A Solution Suite to Meet Your Growing Needs

Whatever you need today - and in the future – we've got you covered with Sensible Transactions'® suite of products and solutions, designed to make payments easy for both you and your clients



GARTON & HARRIS

jdemichele@gartonandharris.com 604-468-8900 gartonandharris.com

GOLBEY LAW CORPORATION jason@golbey.com 604-800-1629 golbey.com

HAMILTON DUNCAN ARMSTRONG + STEWART LAW CORPORATION office@learnzenk.com 604-949-1655 learnzenk.com

HS LAW CORPORATION

hogan@hslawcorp.com 604-970-9456 hslawcorp.com

JACK WANG LAW OFFICE

jack@jackwanglawoffice.com 604-474-0909 jackwanglawoffice.com

JAMES L. ROBINSON NOTARY PUBLIC iameslrobinson@telus.net 604-931-1202 iamesleslierobinson.com

JUNG MI HONG NOTARY CORPORATION go2notarybc@gmail.com

604-474-0560 unitednotary.ca JURIS NOTARY info@jurisnotary.com

604-416-0211 jurisnotary.com LABOUR RIGHTS LAW OFFICE

s.anderson@labourrightslaw.com

604-475-0041 labourrightslaw.com

LAUGHLIN & COMPANY LAW CORPORATION melanie@laughlinlaw.ca

604-945-4370 laughlinlaw.ca

LAWYERS WEST LLP

iames@lawverswest.ca 778-588-7051 lawyerswest.ca

LEONARD LAW (LAWYER & NOTARY PUBLIC)

info@leonardlaw.ca 604-655-5638 leonardlaw.ca

LINN ESTATE MANAGEMENT GROUP LTD

shelley@lemgroup.ca 604-999-9815 lemgroup.ca MARYN LAW

mih@marvnlaw.com 604-936-9600 marynlaw.com

MATRIX BAILIFF SERVICES LTD. warmack@shaw.ca

604-836-7544 matrixbailiffservices.com MEENA DHILLON LAW CORPORATION meena@meenadhillon.ca

meenadhillon.ca

604-941-1234

MUNROE & COMPANY info@munroe.law 604-200-0151 munroe.law

NILPAR HONARVAR. NOTARY PUBLIC info@nilparnotary.com 604-917-0205 nilparnotary.com

PAYNE & ASSOCIATES

payne_law@telus.net 604-944-4115

PHILIP A. RIDDELL LAW CORPORATION par@riddell.bc.ca 604-520-6033 riddell.bc.ca

SOLUTIONS THAT FIT/LEGALSHIELD ron.govette50@gmail.com 604-512-4398 regoyette.ca

SPRAGGS & COMPANY aolding@spraggslaw.com 604-464-3333 spraggslaw.ca

SYNTHESIS LEGAL info@synthesislegal.com 604-499-9941

synthesislegal.com UPTOWN NOTARIES

natalva@uptownnotaries.ca 604-420-6671 IIntownNotaries ca

DBMLAW.CA

DRYSDALE BACON MCSTRAVICK LLP LAWYERS

604.939.8321

Lawyer (Don Drysdale)

THANK YOU FOR VOTING US AS YOUR FAVOURITE LAW FIRM AND OUR COLLEAGUE DON DRYSDALE AS BEST LAWYER.



We have been servicing the Tri-Cities for over 45 years and are very proud of our long history in the community. We thank our many clients - our neighbours and our friends -



who have supported us through these past four decades and on into the future.

FOR ALL YOUR LEGAL NEEDS, DBM HAS YOU COVERED 211-1015 Austin Ave., Coquitlam

MEMBERSHIP DIRECTORY BY CATEGORY

WILLIAM CADMAN LAW CORPORATION wcadman@cadmanlaw.com

604-945-0012 cadmanlaw.com

MACHINE SHOP

K-TEC INDUSTRIES ktec@telus.net 604-944-6792 ktec.ca

MANUFACTURING

A & A STEEL ENTERPRISES LTD. michelle@aamelters.com 604-469-4480 aamelters.com

AUTONAV paulwagner@shaw.ca 604-526-0113 autonav.ca

ECOVAN PACKAGING hafiz1161@yahoo.ca 778 385 3679

ERICSSON MANUFACTURING LTD kristina@ericssonmfg.com 604-209-4180 ericssonmfg.com

INTERNATIONAL INC./INNOVATIVE SURFACE SOL. issron@shaw.ca 604-939-0659 issintl.inc.com

NEXDOME OBSERVATORIES INC. sales@nexdome.com 604-603-4726 nexdome.com

NOVO TEXTILE COMPANY LTD. iasonz@novotextilesco.com 604-812-9385 novotextilesco.com

ZUM HINGST TECHNOLOGIES pzumhingst@zht.com 604-468-1991 zht.com

FORREST MARINE LTD. forrestmarine.ca

FREEDOM BOAT CLUB wpurdon@freedomboatclub.com 778-995-6550 freedomboatclub.comlocations/166-Vancouver-bc

PACIFIC COAST TERMINALS CO. LTD. andrea.worsley@pct.ca 604-931-9250 pct.ca

WR MARINE SERVICES wrmarine@hotmail.com 604-941-4556

MARKETING & COMMUNICATIONS

ANCELL TECHNOLOGIES DBA ANCELL MARKETING rob@ancell.ca 778-285-2288 ancell.ca

BALLISTIC ARTS MEDIA STUDIOS INC. engage@ballisticarts.com

604-553-1081 ballisticarts.com

BOILINGPOINT GROUP skim@boilingpointgroup.com 604-630-7943 boilingpointgroup.com

CORONATION INTERNET MARKETING LTD. carv@coronationim.com 604-477-1996 coronationim.com

DAVE.CA COMMUNICATIONS INC. dave@dave.ca 604-418-9177

dave.ca DREAMCODE STUDIOS eva@dreamcode.ca 604-783-5650 dreamcode.ca

FRESH INK COMMUNICATIONS

Lisa@freshinkcomm.com 778-994-4430 freshink.ca

HARRISON MARKETING RESOURCES LTD lvnn@harrisonmarketing.ca 604-837-5274

harrisonmarketing.ca PARSA WORLD AGENCY ali@parsapages.com 844-44-PARSA

parsapages.com RAGS TO REACHES DIGITAL MARKETING hello@ragstoreachesdigitalmarketing.ca 604-839-5295 ragstoreachesdigitalmarketing.ca

RED STAMP AGENCY INC. hello@redstamp.com

info@rennie.com 604-682-2088 rennie.com

SIX DEGREES PRODUCTIONS lee@six.co.za 604-449-1626 sixdegreesproductions.ca

WILSON MEDIA dvlan@wilsonmedia.ca 604-240-1595

wilsonmedia ca

MARINE mwcf@shaw.ca 604-942-6289

604-282-7834 redstamp.ca RENNIE

BUSINESS IN VANCOUVER

csmith@biv.com 604-688-2398

MEDIA

biv.com

JM MEDIA

CONSTELLATION MEDIA SOCIETY

sales@constellationmedia.ca 647-338-5797 tricitiesdispatch.com

GENUINE MEDIA INC

susanne@genuinemedia.ca 604-469-4936 genuinemedia.ca

victoria@immedia.ca 604-551-1456 jmmedia.ca

KEEN ART MEDIA LTD.

info@keenartmedia.com 1-604-945-4321 keenartmedia.con

MODERN DOG INC.

cecilia.derocachan@kempharvey.com 604-734-3131 moderndogmagazine.com

TAILGATER SOCIAL INC.

inquiries@tailgatersocial.com 604-308-9954 tailgatersocial.com

TRI CITIES COFFEE NEWS coffeenewscasey@gmail.com 604-805-1843 tricitiescoffeenews.com

TRI-CITY NEWS lgraham@glaciermedia.ca 604-525-6397 tricitynews.com

METAL & STEEL

COBOTIX MANUFACTURING INC office@cobotix.com 604-945-4107 cohotix com

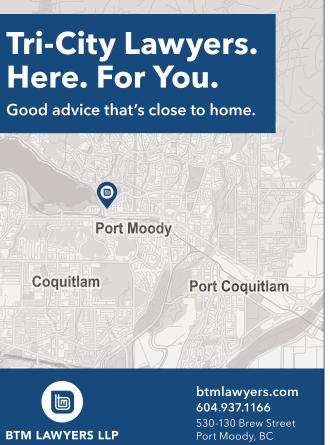
DAVE'S CUSTOM METAL WORKS LTD.

andcmw@telus.net 604-552-9423

DION CUSTOM METAL al@dioncustommetal.com

604-516-6123 dioncustommetal.com

M2 SHEET METAL tinbashing@shaw.ca 604-767-4336



REEL STEEL LTD.

reelsteel2003@yahoo.ca 604-913-0310 reelsteel.ca

MORTGAGES

ANGELA CALLA MORTGAGE TEAM hello@countoncalla.ca 604-802-3983 angelacalla.ca

BLUE TREE MORTGAGES WEST - PAULINE TONKIN pauline@mybcmortgage.ca

604-813-8402 MyBcMortgage.ca

BOKSER MORTGAGES

carrie@boksermortgages.ca 778-838-3351 carriebokser.tmgbroker.com

DOMINION LENDING CENTRES PRODUCERS WEST FINANCIAL - GRAEME HANKEY gahankey@gmail.com

604-868-3763 graemeforadvice.ca

KRISTI MUTKA - DLC MOUNTAINVIEW kristi@kristimutka.com 604-790-6225 kristimutka.com

MATAYA REID - MORTGAGE ALLIANCE 604 354 7008 mlreid@mortgagealliance.com

MORTGAGES BY MELISSA MCARTER info@melissamcarter.com 604-220-9060 melissamcarter.com

OAKE MORTGAGE - DOMINION LENDING CENTRES PRODUCERS WEST

rvan@oakemortgage.ca 778-237-4876 oakemortgage.ca

PETER KINCH MORTGAGE TEAM pkinch@peterkinch.com peterkinch.com

RIHANA MORTGAGES DOMINION LENDING CENTRES

rp@rihanamortgages.com 778-512-3038 rihanamortgages.com

SHARON DAVIS MORTGAGE SERVICES sharon@sharondavis.ca 604-220-2343

sharonmortgage.ca THE MORTGAGE CENTRE - TMK TEAM 604-340-7673

bcmortgagesonline.com

MOVING

I MOVE YOU MOVING AND STORAGE Info@i-move-vou.com 604-668-3968 i-move-vou.com

ON TIME MOVING AND STORAGE

ronaldgu@ontime-moving.com 604-505-0026 ontime-moving.com

REDPATH RELOCATIONS INC tim@redpathrelocations.com 604-945-9910 redpathrelocations.com

U-HAUL BRITISH COLUMBIA cindv dix@uhaul.com 604-461-2455 uhaul.com

YOU MOVE ME vancouver@voumoveme.com 604-262-2075 voumoveme.comca/vancouver-movers

NON-PROFIT

ERIN TESAN SOCIETY OF FRIENDS AND **OPPORTUNITIES** patesan@gmail.com 604-551-4502

OFFICE PRODUCTS

GRAND & TOY AndrewPer@grandandtoy.com 236-858-2916 grandandtov.com SAVE ON LASER LTD. iohnmcewen@shaw.ca

604-415-2737 saveonlaser.ca

OFFICE SPACES

ELEVATE COWORKS cwpoco@coworksbyelevate.com 604-992-0311 coworksbyelevate.com

INDUSTRY HAUS jessica@from-us.ca 778-317-0221 industryhaus.ca

THE FOUNTAINHEAD NETWORK erintfn@gmail.com 604-842-9064 thefountainheadnetwork.com

TRI-CITY BUSINESS CENTRE tricitybusinesscentre@shawbiz.ca 604-552-9399 tricitybusinesscentre.ca

OFFICE SUPPLIES TONERTECH

matt@tonertech.com 604-439-9077 tonertech.com

WEST WORLD PAPER shawn@westworldpaper.com 604-942-1722 westworldpaper.com

OPTOMETRY & OPTICAL

AVISION OPTICAL LTD. anthialin@avisionoptical.com 604-552-1196

BASIC EYEWEAR OPTICAL

basicevewear@hotmail.com 604.936.9969 basicevewear.ca

BURKE MOUNTAIN OPTOMETRY burkemountainoptometry@shaw.ca 604.941.9338 burkemountainoptometry.com

IRIS THE VISUAL GROUP azar.sepahpour@iris.ca 604.464.7726 iris.ca

NEW TREND OPTICAL iimvanrassel@shaw.ca 604-328-5398 newtrendoptical.ca

OTHER

0824616 BC LTD. Jendave@telus.net 604-202-3183 1061945 BC LTD grant@omegasys.eu

MCALLISTER PLAZA 604-941-7721 NABCS CORP edcan61@gmail.com 604-474-3242

STARLET LEADERS CLUB 604-552-5647

THE DANDY LION LTD. ingridfaisal@shaw.ca 604-992-5626

TRI CITY INK zacho orchard@hotmail.com 778-686-8287 tricitvink.com

PERSONAL SERVICES AND CARE

CLASSE DRESSMAKING SHOPPE 604-941-4151

PEST CONTROL SERVICES

RAPTORXTREME PEST BIRD

ABATEMENT INC. Raptorxtreme.pestcontrol@gmail.com 604-767-6401 TRI-CITIES PEST DETECTIVE

tricities@pestdetective.com 604-931-3330 pestdetective.com

PET SERVICES

BOSLEY'S BY PET VALU bof7045@boslevs.com 604-944-7594 bosleys.com

BURQUITLAM ANIMAL HOSPITAL

burguitlamanimalhospital@shawbiz.ca 604-936-3447 burguitlamanimalhospital.ca

DOGTOPIA OF COOUITLAM

coquitlam@dogtopia.com 778-397-1364 dogtopia.comcoguitlam

EAGLE RIDGE ANIMAL & BIRD HOSPITAL info@eranimalhospital.com 604-464-3343 eranimalhospital.com

FEATHERED ADDICTIONS

info@featheredaddictions.com 778-908-1705

KENDON KENNELS LTD. kendonkennels@shaw.ca 604-941-2313 kendonkennels.ca

KORNA NATURAL PET SUPPLIES

TRICITIES LTD info@kornapet.com 604-904-2008 ext 2 kornapet.com

POCO GROOMING STATION INC.

info@pocogroomingstation.com 604-474-4110 Pocogroomingstation.com

SHAUGHNESSY VETERINARY HOSPITAL leahmont@telus.net 604-945-4949 coolvet.com

PETROLEUM SERVICES

TRANS MOUNTAIN PIPELINE LP info@transmountain.com 1-866-514-6700 transmountain.com

PHARMACY

COQUITLAM PHARMACY (1972) LTD DBA PHARMACHOICE 007 604-941-2413

pharmachoice.com OH PHARMACY

euniceoh@hotmail.com 604-939-8311

PHARMASAVE HEALTH CENTRE #001 604-942-7117 pharmasavepoco.com

PHARMASAVE PORT COQUITLAM info@pharmasavepoco.com

604-942-9813 pharmasavepoco.com SAFEWAY FOOD & DRUG - PHARMACY 93

604-945-7018 safeway.ca/pharmacy

WILSON PHARMACY

parm5577@hotmail.com 604-942-4611 wilsonpharmacy.ca

PHOTOGRAPHY

BUTTER STUDIOS social@butterstudios.ca 604-787-5333 butterstudios.ca

E AF CANADA Nathan .

www.gcoc.ca

FLEET SERVICES UNLOCK YOUR EXCLUSIVE GREAT CANADIAN OIL CHANGE FLEET BENEFITS



#888-100 Schoolhouse Street, Coguitlam | 604-525-5823 Mon-Sat: 8am-8pm | Sun: 9am-5pm

NO **APPOINTMENT NEEDED!**

GREAT CANADIAN OIL CHANGE



GRADS BC PHOTOGRAPHY & VIDEO

Kelly@gradsbc.com 604-461-3722 gradsbc.com

JENN FONTAINE PHOTOGRAPHY jenn@fontainephotography.ca 778-686-5931 fontainephotography.ca

PHOTO EXPRESSIONS info@photoexpressions.ca 604-463-3654 photoexpressions.ca

PLUMBING

A.T.A. PLUMBING & DRAIN CLEANING LTD. info@ataplumbing.ca 604-992-2662 ataplumbing.ca

BLUE MOUNTAIN SERVICES LTD. 604-444-3711 bluemountainservices.com

TORRENT PLUMBING AND DRAINAGE torrentdrainage@gmail.com

778-751-2997

PRINTERS & SIGNAGE

ALLIANCE PRINTING mary@allianceprinting.com 604-552-7999 allianceprinting.com

AMPCO MANUFACTURERS INC don.ouellette@ampcomfg.com 604-472-3800 ampcomfg.com

CORONATION RECOGNITION accounting@coronationrec.com 604-210-7717

coronationrecognition.com CREST IMPRESSIONS INC. info@crestimpressions.com 604-464-6766 crestimpressions.com

FASTSIGNS - COQUITLAM andrew.crompton@fastsigns.com 604-944-9244

fastsigns.com669 GEO. H. HEWITT CO. LIMITED enquiry@geohewitt.com 604-294-6288

geohewitt.com

MINUTEMAN PRESS TRI-CITIES

minutemanpress@gmail.com 604-777-1202 mmprint.ca

PRINT DEPOT DIGITAL PRESS LTD info@printdepot.biz 604-941-4455 printdepot.biz

SANDPIPER SIGNS & DECALS INC. admin@sandpipersigns.com 604-464-9699

sandpipersigns.com SIGNARAMA TRI CITIES manager@signarama-coguitlambc.com

604-474-4674 signarama.ca/bc-tri-cities

SPEEDPRO COQUITLAM imaging@speedpro.com

604-540-6385 speedimaging.ca **SUMMIT PRINT - LABELS & PACKAGING**

hello@summitlabels.ca 604-552-3410 ext 110

summitlabels.ca TRI-CITY PRINTING COMPANY info@tri-cityprinting.ca

604-942-0111 tri-cityprinting.ca

PROMOTIONAL PRODUCTS

BULGING GIFT BASKETS VANCOUVER info@bulginggiftbasketsvancouver.com 604-363-6691 BulgingGiftBasketsVancouver.com

CORPORATE GIFTS INC. corporategiftsinc@shaw.ca 604-831-8516

corporategifts.bc.ca IMPACT CANOPY info@impactcanopy.com

604-833-1472 impactcanopy.com

PRO EMBROIDERY AND GIFTS LTD. sales@proemb.ca

604-475-7809

proembroideryngifts.com SAY IT NOW INC. anne@savitnowinc.com

604-328-0336 savitnowinc.com

TALBOT PROMO bwillard@talbot-promo.com 604-816-0456 talbot-promo.com

MEMBERSHIP DIRECTORY BY CATEGORY

X-TREME THREADS sales@xtremethreads.ca 604-346-9545 xtremethreads.ca

PROPERTY MANAGEMENT

AMBER PROPERTIES LTD 604-931-4571

CARTREF PROPERTIES LTD. philip@cartrefproperties.com 604-727-2506 cartrefproperties.com

ILYANA PROPERTIES DEVELOPMENT LTD. riaz1@shaw.ca 778-998-5364

JDZ PROTECTION PROPERTY MARKETING AND MANAGEMENT REALTY LTD 604-328-2900 protectpm.com

MERAKIL INVESTMENTS CORP. ileananunez0515@gmail.com 604-655-3607

ONE WEST PROPERTIES mario@onewest.ca 778-285-9993 onewest.ca

PACIFIC DAWN ASSET & PPTY MGNT. SERVICES LTD.D.

info@pacific-dawn.com 604-683-8843 pacific-dawn.com

PROFILE PROPERTIES LTD. csemple@profile-properties.com 604-464-7548 profile-properties.com

SUNSET PARK APARTMENTS alnooriiwan@shaw.ca 604-291-8197 sunsetparkapt.com

WILSHIRE INVESTMENTS LTD. craig@wilshireinvestments.com 604-521-7444 wilshireinvestments.com

REALTORS

BRIDGEWELL REAL ESTATE GROUP mariko@bridgewellgroup.ca 604-771-9525 bridgewellgroup.ca

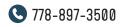
COMMERCIAL REALTOR - MANUEL DIAZ jmda24@gmail.com 604-375-6952 manuel-diaz.remax.ca

604-944-3282



Your route to floor paradise.

Our inventory of name-brand carpets, hardwoods, tile, stone, vinyl, cork and more are from reputable, national producers, which ensures we have something for every style and lifestyle budget. The flexibility of our Mobile Flooring Showroom[®] allows you to see how different flooring options will look and perform in your home. We eliminate the guesswork, so you can choose the floor coverings you know will look great, not the one you hope looks good.



mevan.floorcoveringsinternational.com

220 Brew Street, Suite 301 Port Moody, BC V3H 0E6

SERVING STRAT/ PROPER MANAGEMENT

CUSHMAN & WAKEFIELD LTD.

kevin.volz@ca.cushwake.com 604-683-3111 cushmanwakefield.com

DAN NOU ENTERPRISES INC. 604-942-9222

EVERGREEN WEST REALTY

rveld@telus.net 604-942-1389 evergreenwestrealty.com

EVERGREEN WEST REALTY - BARRIE SEATON

ron.goyette50@gmail.com 778-229-6627 barrieseaton.com

HANNA REALTY LTD.

info@hannarealtv.ca 604-937-1122 hannarealty.ca

HOME AND GARDEN REALTY GORDON

TIETJEN LTD. 604-328-9994 hgrealty.ca

INTERCITY APPRAISALS LTD.

rick@intercityappraisals.com intercityappraisals.com

JADE WONG PERSONAL REAL ESTATE CORPORATION

jadejrwong@gmail.com 604-942-0606 jadewong.ca

KELLER WILLIAMS ELITE REALTY

team@bathmckie.com 604-312-3490 ioshbath.ca

KELLY FRY TEAM - KELLER WILLIAMS ELITE REALTY

Kellyfryteam@gmail.com 604-418-3162 kellyfryteam.com

KIRA JOHNSON REAL ESTATE

info@kirajohnson.ca 778-877-8339 kiraiohnson.ca

KUTAK DEVELOPMENT SERVICES LTD

604-670-8745 kutakdevelopment.comhomes/oneshaughnessy

LAIDLER GROUP - LAIDLER REAL ESTATE AGENTS CORPORATION

laidlerw@gmail.com 778-886-3300 thelaidlergroup.com



LEE & ASSOCIATES - SEBASTIAN ESPINOSA PERSONAL REAL ESTATE CORPORATION

sebastian.espinosa@lee-associates.com 604-783-8139 leevancouver.comagent/sebastianespinosa

LISA JOHNSTON. REALTOR® ROYAL LEPAGE STERLING REALTY

lisajohnstonrealtor@gmail.com 604-868-4608 lisajohnston.royallepage.ca

LOWER MAINLAND ESTATE LIQUIDATION & AUCTIONS

lowermainlandauctions@gmail.com 604-889-1976 lowermainlandestateliquidation.ca

M8TRIX5 OPPORTUNITY CORP

778-726-4721 m8trix5.ca

MARK GEORGE - KELLER WILLIAMS ELITE REALTY

mark@markgeorgehomes.com 604-723-8110 markgeorgehomes.com

MARK JORDAN NEMISH - WILLIAM WRIGHT COMMERCIAL REAL ESTATE mark@williamwright.ca

778-828-6708 williamwright.ca PALACE REALTY INC 604-230-9898

RE/MAX SABRE REALTY GROUP LTD. scottmcdonald@remax.net 604-942-0606 remaxsabrerealty.com

RENATA STEELE - RE/MAX CITY REALTY renatasteeleremax@gmail.com 778-319-5006 renatasteele.ca

ROYAL LEPAGE STERLING REALTY

info@psr.ca 604-421-1010 sterlingrealty.ca

tricitieasrealty.ca

CITY OF PØRT COOUITLAM

ROYAL LEPAGE WEST REAL ESTATE SERVICES - COOUITLAM 604323mike@rovallepage.ca 604-323-6453

ROYAL LEPAGE WEST REAL ESTATE SERVICES - PORT COOUITLAM

604-942-7300 royallepagewest.ca

SAYED NAJIBI GROUP saved@sngroup.ca 604-649-6520 sngroup.ca

SETTERHOLME PROPERTIES INC. irishlace@telus.net 604-626-3412

STATHIS SAVVIS - WILLIAM WRIGHT COMMERCIAL savvi@williamwright.ca

604-545-0636 williamwright.ca

STONEHAUS REALTY reception@stonehausrealty.ca 604-492-5000 stonehausrealty.com

STONEHOUSE REALTY - DANIEL CARD dan@dancard.ca 604-785-3340

dancard.ca

TERRI SPILSBURY-KELLER WILLIAMS

terrispilsbury@kw.com 604-468-0010 kweliterealty.com

RECYCLING & WASTE MANAGEMENT

BEST SHREDDING info@bestshredding.ca 1-855-438-2378 bestshredding.ca

ETHICAL WASTE SERVICES LTD. andrea@ethicalwasteservices.com 604-329-3992 ethicalwasteservices.com

GFL ENVIRONMENTAL LTD. gsmith@gflenv.com

604-529-4030 afleny.com

TWO GUYS RECYCLING & DISPOSAL SERVICES INC.

brian@twoguysdisposal.com 778-888-2466 twoguysdisposal.com

WASTE CONNECTIONS OF CANADA INC. vancouver@wasteconnections.com 604-525-2072 WasteConnectionsCanada.com

MEMBERSHIP DIRECTORY BY CATEGORY

WASTE MANAGEMENT OF CANADA CORP.

alimonge@wm.com 778-836-6979 wm.com

RENOVATIONS

EURO-RITE CABINETS a.dobson@eurorite.com 604-464-5060 eurorite.com

JKB CONSTRUCTION LTD. info@ikbconstruction.com 604-728-3009 jkbconstruction.com

KLEARPRO SOLUTIONS steveklearpro@gmail.com 778-235-7209 klearpro.com

RAM RENOVATION rram6868@gmail.com 604-341-1852

STONEHOUSE PCS LTD. rdehart@shaw.ca 604-763-8575 facebook.com/StonehousePCS STOR-X ORGANIZING SYSTEMS iames.abbott@stor-x.com 604-722-9575 stor-x.com

RESTAURANT. PUBS & CAFES

CORA BREAKFAST AND LUNCH

chachis.ca

A & W RESTAURANT 604-942-1838 www.aw.ca

AMIGO PANCAKE HOUSE 604-464-2040 amigopancake.ca

604-461-7676

AWESOME PLACE COFFEE info@awesomeplace.ca 778-321-6725

BROWNS SOCIALHOUSE - NEWPORT portmoodv@brownssocialhouse.com brownssocialhouse.com

CASSANDRA CAKE CO

info@cassandracakeco.com 778-285-2253 cassandralcurtis.wixsite.com/ cassandracakeco

noori@dinakis.com 604-472-3333 dinakis com



free to contact us for a free initial consultation.

Wills & Estates | Business Law | Litigation | Real Estate | Family Law | Power of Attorney



THANK YOU FOR

YOUR SUPPORT!

GARTON & HARRIS BARRISTERS & SOLICITORS



50 Tri-Cities Chamber Business Matters Magazine } 2023

LAW CORPORATION

30-MINUTE CONSULTATION by appointment

Litigation - Negotiation

Business-Corporate

Professional and cost-effective lawyers for large, medium, and small organizations to grow and protect organizational interests.



Preserving your interests to with our experienced, costefficient wealth management

k hello@hslawcorp.com 🕻 1-877-460-3292 www.hslawcorp.com 408 - 2963 Glen Drive, Coguitlam

FREE



provide for your family's future and estate planning.

Effective results at reasonable rates with expert negotiators and experienced litigators.

CHACHI'S SANDWICHES chachiscoguitlam@gmail.com 604-833-8156

coracoguitlam@gmail.com 778-285-8577 chezcora.com/en/breakfast-restaurants/ british-columbia/Cora-Coquitlam

CREEKSIDE COFFEE FACTORY justcoffeeit@gmail.com 604-554-0100 facebook.com/dewdrip

DAIRY QUEEN BRAZIER STORE pocodq@gmail.com 604-941-6343

DE DUTCH PORT COQUITLAM

dedutch@dedutch.com 604-944-3802 dedutch.com

DINAKIS MEDITERRANEAN GRILL LTD

DONAIR AFFAIR

info@donairaffair.ca 604-941-3839 donairaffair.ca

DOUGHNUT LOVE hello@doughnutlove.ca 604 492-2456 doughnutlove.ca

EARLS KITCHEN + BAR eportcoguitlam@earls.ca 604-941-1733 earls.ca/locations/port-coquitlam

EASTERN PEARL SEAFOOD RESTAURANT 604-474-2992 easternpearlseafood.ca

EXECUTIVE PLAZA HOTEL & CONFERENCE CENTRE am.cog@executivehotels.net

604-936-9399 executiveplazahotel.ca

GOLD RUSH PIZZA lvnn@bcdominos.com 604-552-6063

GREEN OLIVE PIZZA 604-949-1112 greenolivepizza.com

and probate (uncontested or contested) powers of attorney, representation agreements or any other matter on which you think the assistance of a lawyer may be helpful, please feel

www.gartonandharris.com

Port Coguitlam's Oldest Law Firm - Serving Our Clients Since 1974 1542 Prairie Avenue | Port Coguitlam Tel: 604.468.8900 | Fax: 604.468.8007

HIRO SUSHI

604-552-3474 hirosushitogo.com

HOMEMADE BY HARRIS

homemadebyharris@gmail.com 604-805-3269 homemadebyharris.ca

HUGS DONUTS (MOLLIE SMALL) hugsdonuts@gmail.com 778-708-7599

hugsminidonuts.com **JAMILA'S KITCHEN & GRILL**

info@iamilas.ca 604-464-1000 jamilas.ca

JIMMY'S LUNCH BOX LTD. 604-464-5700

jimmylunchbox.com

JOHN B PUB LTD. info@johnbpub.com 604-931-5115 johnbpub.com

TAKE FIVE CAFE 604-464-8575 takefivecafe.ca KOSHO SUSHI JAPANESE RESTAURANT

koshosushipoco@gmail.com 778-285-9323 koshosushi.ca

LOZ TAKOS fer@loztakos.ca 604-475-3000 loztakos.ca

MATTEO'S GELATO matteddy71@hotmail.com 604-464-2228

matteosgelato.com **MEGABITE PIZZA** 604-468-2500 megabitepizza.com

ME-N-ED'S PIZZA PARLOR - COQUITLAM cris@meneds.ca

604-931-2468 meneds.ca

ME-N-ED'S PIZZA PARLORS -PORT COQUITLAM brook@meneds.ca 604-942-1200 meneds.ca

MERCADO MEXICAN MARKET & TAQUERIA info@originalsmexicano.com 604-474-2908 mercadomexicano.ca

OMEGA PIZZA & WINGS 604-941-0341 omegapizza.ca

PAJO'S RESTAURANT - PORT MOODY info@paios.com 604-469-2289

paios.com PAPA JOHNS PIZZA 604-464-4133 papajohns.com

PASTA POLO RESTAURANT

604-464-7656 pastapolo.com

PATINA BREWING CO. LTD. info@patinabrewing.com

604-474-0025 patinabrewing.com PHO T & T VIETNAMESE RESTAURANT LTD 604-942-8937

PINNACLE FOOD INC.

info@canadaginsengs.com 778-892-0416 canadaginsengs.com

PITA PAN DONAIR LTD. info@pitapan.ca 604-468-2000 pitapan.ca

PIZZA 64 604-901-1818 pizza64.ca

31112rgm@phrestaurants.ca

PIZZA PIETRA contact@pizzapietra.ca

604-474-4992 pizzapietra.ca

604-367-6126 praguery.com

QUIZNO'S SUB 604-552-2244 quiznos.ca

EVERGREEN Cultural Centre

The Tri-Cities Home for Events and Exhibitions Since 1996



Rental Spaces Evergreen Cultural Centre has spaces and studios available for all your events, meetings, + presentations. Contact us for information, including rental rates!







always love to chat and answer any questions you may have.

www.evergreenculturalcentre.ca | Box Office: 604. 927. 6555 | GOV @evergreenarts

•





pastapolocoquitlam@outlook.com

PIZZA HUT 604-474-4739 pizzahut.ca

PRAGUERY info@praguery.com

怸

QUALITY PRODUCTS • QUALITY SERVICE

Featuring the best selection of glasses and sunglasses in Coquitlam

Prescription sunglasses • Non-prescription sunglasses • Contact lenses • Prescription glasses Repairs • Adjustments • Eye exams can be arranged with a local optometrist • Contact lens fitting



1052-D Austin Avenue, Coquitlam | 604-936-9969 | > www.beyondbasiceyewear.ca



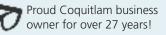
Proud member of The Tricities Chamber of Commerce for the past 22 years

Proud Merchant of The Austin Height BIA austin heights

WE OFFER DIRECT BILLING to Great West Life, Manulife, Sun Life, Blue Cross, and many others!



Paul Manocha



ROCKY POINT ICE CREAM

info@rockypointicecream.com 604-492-3119 rockypointicecream.com

ROMER'S PORT MOODY gmpm@xtramile.ca 604-917-0118 romersburgerbar.com

RURAN KOREAN RESTAURANT

ruran19957@gmail.com 778-724-0825

ruran-korean-restaurant.business.site SI SENIOR FIESTA MEXICANA TAQUERIA LTD. info@sisenior.ca

778-941-0900 sisenior.ca

SQUISH JUICERY

orders@squishjuicery.com 604-469-6929 squishjuicery.com

ST. LOUIS BAR & GRILL

slbg9201@stlouiswings.com 604-319-2667 stlouiswings.com

SUBWAY SANDWICHES AND SALADS

604-942-2001 restaurants.subway.com/canada/bc/ port-coguitlam

SUN MONGOLIAN BBO 778-285-8228 sunmongolianbbg.com

SUSHI K KAMIZATO 604-474-0022 facebook.comSushiKKamizato SUSHI FU 604-941 - 6131

sushi-fu.ca SAMZ LIQUOR STORE

604-461-1179 samz.ca

SAMZ NEIGHBOURHOOD PUB (POCO) 604-461-1174 samz.ca

THE BOMBAY SWEETS 2009 LTD info@bombavsweets.ca 604-941-1993 bombaysweets.ca

THE CLEVER CUPCAKES

info@theclevercupcakes.com 604-942-2872 theclevercupcakes.com

THE KEBOB HOUSE 604-554-0116 thekebobhouse.com

THE KEG STEAKHOUSE + BAR - COQUITLAM coquitlam@kegrestaurants.com 604-464-5340

kegsteakhouse.com **TIP THAI RESTAURANT** 604-472-0005

tipthai.com TYGO ENTERPRISES LTD 0/A MCDONALDS RESTAURANTS tygo.enterprises@gmail.com

604-552-4142

UN PHO GET A BOWL unphogetabowlpoco@gmail.com 604-475-1978 unphogetabowl.ca WAVES COFFEE HOUSE 604-552-9283 wavescoffee.com

WHITE SPOT RESTAURANT

unit141@whitespot.ca 604-942-9224 whitespot.com

WOODY'S ON BRUNETTE woodshotel@shaw.ca 604-526-1718 woodyspub.com

YELLOW DOG BREWING CO.

info@vellowdoabrew.com 604-492-0191 yellowdogbeer.com

RESTORATION SERVICES

SAH DISASTER RESTORATION SERVICES purchasing@sahrestoration.com 855-824-1508 sahrestoration.com

RETAIL

7-ELEVEN CANADA INC. 604-941-4453 7-eleven.ca

ASHLEY HOMESTORE 604-777-1365 ashleyhomestore.ca

MEMBERSHIP DIRECTORY BY CATEGORY

BORO AND BEYOND

boroandbeyond@gmail.com 604-377-8676 boroandbevond.com

BURB steve@shopburb.com 778-846-7286 shopburb.com

CANADIAN TIRE - COOUITLAM droulis@ct608.com 604-527-8828 canadiantire.ca

CHARLIE AND DANA MARKET LTD DBA LUCKY LOONIES 604-942-8005 lucky-loonies.business.site

COAST APPLIANCES pburns@coastappliances.com 604-540-2665 coastappliances.ca/

COQUITLAM CENTRE LTD. aoleary@morguard.com 604-468-5650 coguitlamcentre.com

COSTCO WHOLESALE LTD.

w255mbr@costco.com 604-552-2228 costco.ca

604-239-5460

shop

CUADRA EXOTIC LEATHER CORP

EAGLE RIDGE HOSPITAL AUXILIARY THRIFT SHOP

info@erha.ca 604-461-2022 erha.ca/programs-and-activities/thrift-

END OF THE ROLL sales.coguitlam@endoftheroll.com 604-540-8600 endoftheroll.com

604-515-8896 leevalley.com

leons.ca

iaks.com

HEMP HEMP HOORAY HOLDINGS LTD

HOUSE OF CHIPPENDALE ivan@houseofchippendale.com 604-525-0188 houseofchippendale.com

GEMS COLLECTION LTD.

604-942-9683

604-474-4367

CARTREF PROPERTIES LTD.

Your Residential Rental Property Management Specialist



Helping owners find tenants a place they call home

www.cartrefproperties.com

FREE 2 WEEK TRIAL START TODAY **TEXT: TRICITY TO 778.400.2443** <u>G R O U P</u> PERSONAL TRAINING **SAVE TIME** SAVE MONEY **GET RESULTS 35 MIN HIIT BOOTCAMP** NUTRITION PROGRAM **SMALL GROUP PROGRAM 1-ON-1 PROGRAM CERTIFIED COACHES** ARY HILL WWW.MHFBBC.COM





SUPPORT LOCAL Visit downtownpocobia.com to see our directory of local businesses. f 🖸 (downtownpoce



INDUSTRY WORKWEAR

info@industryworkwear.ca 604-475-8100 industryworkwear.ca

JAKS BEER WINE SPIRITS LTD mike.mckee@jaks.com 778-881-1524

JORDANS RUGS LTD.

knoxg@iordans.ca 604-733-1174 iordansflooring.ca

KWIKMART INC

kwikmart.poco@gmail.com 604-944-3314

LEE VALLEY TOOLS LTD.

smckellar@leevallev.com

LEON'S FURNITURE

236-428-6812

LOVE SECRET

604 942 0037 lovesecret.business.site

MAYNARDS

linda@maynards.com 604-315-2971 mavnardsretail.com

MJM FURNITURE

coquitlam@mjmfurniture.com 604-522-1388 mimfurniture.com

MOE'S HOME COLLECTION

info@moeshomeca.com 604-939-0050 moeshome.ca

MONEY MART 604-927-3200 moneymart.ca

MOSTLY GAMES & COLLECTIBLES

info@mostlygames.ca 604-552-8055 mostlygames.ca

MRPETS

coquitlam@mrpets.ca 604-553-7320 mrpets.ca/online/coguitlam

NORTHERN LIGHTS CANNABIS northernlightscannabisItd@gmail.com 604-833-2337

Together, we connect, engage & strengthen our community



Join us as a sponsor, donor, or volunteer. Your help makes a difference!

sharesociety.ca 604.540.5191 | 200-25 King Edward St, Coquitlam, BC | V3K 4S8 asharesociety 🔟 (asharesociet 1.1

SHARE

EAMILY & COMMUNITY SERVICE

OC OPEN CONNECTION LTD.

paula@openconnection.com 604-939-6453 openconnection.com

OUSSI FINE HOME info@ oussi.ca 604-598-5955

oussi.ca Port Moody Shoe Renew & Wester Boot Sale

vkcoles@yahoo.ca 604-931-5422

ROMA FURNITURE 604-526-4466 romafurniture.ca

RX BALANCE TECHNOLOGY INC. ping.g@rxbalance.ca

604-474-3860 rxbalance.ca

SANDY'S FURNITURE dayna@sandysfurniture.ca 604-910-5541 sandysfurniture.ca

SEARUN FLY FISHING AND TACKLE searun2013@gmail.com 604-931-5044 sea-run.com

SEB'S RC SHOP LTD 604-468-4149

SHOEKID mona@shoekid.ca

604-484-6520 shoekid.ca

SOCCER EXPRESS bradl@soccerx.com

604-524-1976 soccerx.com

SOPHIE'S GOLD & GIFT SHOP LTD. 604-941-9119

SPORTSX GEAR INC. info@sportsx.ca 604-554-0104

sportsx.ca

nick.stuifbergen@summittools.com 604-944-1755 summittools.com

TARTANTOWN

terry@tartantown.com 604-936-8548 tartantown.com

THE BRICK 604-517-5800 thebrick.com

THE VACUUM SHOP #3 604-474-2449

thevacuumshop3.ca

UNITED MOUNTAIN EQUIPMENT INC.

56 Tri-Cities Chamber Business Matters Magazine 2023

info@united-mountain.ca 778-997 2977 united-mountain.ca

UNMEDIOCRE GENERAL STORE

UNMEDIOCRE KITCHEN STORE hello@unmediocre.com 604-492-0101 unmediocre.com

VALUE VILLAGE - UNITED BOULEVARD 604-549-9310 stores.savers.combc/ coquitlamvaluevillage -thrift-store-2130.html

VANCOUVER LIGHTING coquitlam@vancouverlighting.ca 604-528-8085 vancouverlighting.ca VAPE STREET HOLDINGS LTD.

604-945-0707 vapestreetcanada.com

WESTERN SKY BOOKS info@westernskybooks.com 604-417-7215 westernskybooks.com

YALETOWN INTERIORS saleema@yaletowninteriors.com 604-522-5144 valetowninteriors.com

RETIREMENT LIVING

DUFFERIN CARE CENTRE jhalliday@retirementconcepts.com 604-552-1166 retirementconcepts.com

LJ CHRISTMAS MANOR manager@ljchristmasmanor.com 604-936-8122 lichristmasmanor.com

MAYFAIR TERRACE RETIREMENT RESIDENCE kathleen.nicholles@siennaliving.ca 604-552-5552 siennaliving.ca

PARC COMMUNITIES MANAGEMENT LTD. rhobbs@parcliving.ca

604-408-5811 parcliving.ca **RJ KENT THE RESIDENCE** rjkentgm@gmail.com

778-285-5554 rj-kent.com

THE ASTORIA RETIREMENT RESIDENCE kristy.laughy@siennaliving.ca 604-944-2341 astorialiving.ca

SECURITY

ASTRO GUARD ALARMS VANCOUVER LTD. info@astroguardalarms.ca 604-941-2833 astroguardalarms.ca

CANTRONIC SYSTEMS (CANADA)INC.

hleung@cantronics.com 604-516-6667 x 234 cantronics.com

DELPHI TRADING LTD. (DBA PRIME

LOCKSMITH) info@primelocksmith.ca 778-868-4628 primelocksmith.ca

GPS TRACKING CENTRE

sales.department@gpstrackingcentre.ca 604-318-8545 gpstrackingcentre.ca MODA SMART HOME INC.

info@modasmarthome.ca 604-492-1480

modasmarthome.ca STEALTH SECURITY INC. info@stealthsecurity.ca

604-552-5523 stealthsecurity.ca

WHITEHAT CYBERSECURITY SOLUTIONS info@whitehatsolutions.ca 604-240-1085

SPORTS & RECREATION

BC LIONS FOOTBALL CLUB pierrel@bclions.com 604-930-5451 bclions.com

whitehatsolutions.ca

CLUB AVIVA info@clubaviva.ca 604-526-4464 clubaviva.ca

COQUITLAM EXPRESS 604-936-4625 coquitlamexpress.ca

COQUITLAM SENIOR A ADANACS adanacpartner@gmail.com

excel MARTIAL ARTS - COQUITLAM

emacoquitlam@gmail.com 604-931-3311 excelmartialarts.ca

EXCEL MARTIAL ARTS - PORT COQUITLAM portcoquitlam@excelmartialarts.ca 604-554-0181 martialartsportcoquitlam.com

ILOVEKICKBOXING - COQUITLAM mdjonlic@ilovekickboxing.com 778-650-4328

ilovekickboxingcoquitlambc.com KYUNG HEE UNIVERSITY TAEKWONDO SCHOOL

778-866-2918 Poco & District Hunting & Fishing Club

info@pcdhfc.com 604-942-9772 pcdhfc.com

POCO BOWL

pocobowl@gmail.com 604-942-5244 pocobowl.ca THE LIFT SKI AND BOARD

jwilson@theliftskiandboard.com 236-558-1885 theliftportmoody.ca

TOTAL SPIRIT CHEERLEADING shawn@totalspirit.com 778-895-9362 totalspirit.com

TRI-CITY TAEKWONDO INC. info@tricitytkd.com

604-939-8232 tricitytkd.com VANCOUVER ALL STAR

CHEERLEADING LTD. gforcegym@gmail.com

604-945-9952 vancouverallstarcheer.com

VANCOUVER WHITECAPS FC balves@whitecapsfc.com 604-669-9283

whitecapsfc.com YUEN'S INSTITUTE OF TAEKWON DO INC.

mryuen@yuensmartialarts.com 604-939-0978

yuensfmac.com

BARNET SELF STORAGE

wendy.barnetstorage@gmail.com 604-461-1441 barnetselfstorage.com

IMPERIAL SELF STORAGE sandi@imperialstorage.com 604-464-5090 imperialstorage.com

MAPLE LEAF SELF STORAGE INC. - FAWCETT united@mapleleafstorage.com 604-526-4166

mapleleafstorage.com MAPLE LEAF SELF STORAGE INC. - LOUGHEED

lougheed@mapleleafstorage.com 604-524-4322 mapleleafstorage.com

> MAPLE LEAF SELF STORAGE INC. - POCO poco@mapleleafstorage.com 604-944-6101

mapleleafstorage.com
SENTINEL STORAGE

coquitlam@sentinel.ca 604-515-4075 sentinel.ca

TECH & INNOVATION

FORESIGHT CLEANTECH ACCELERATOR CENTRE 604-245-0042 foresightcac.com

OTTER VIDEO INC.

info@otter-video.com 778-716-2080 otter-video.com

MEMBERSHIP DIRECTORY BY CATEGORY

TRANSPORTATION

cogtaxi@telus.net

604-524-5450

bel-airtaxi.ca

604-461-0449

604-526-3370

ctripler@shaw.ca

604-942-2177

778-375-7500

604-936-5930

glenntravel.ca

TRAVEL SERVICES

TRANSLINK

translink.ca

BEL-AIR TAXI (1982) LTD

HUGHES TRUCKING LTD.

PHOENIX TRUCK & CRANE

phoenixtruckcrane.com

TravelSmart@translink.ca

GLENN TRAVEL INTERNATIONAL

glennbarbour@telus.net

sales@phoenixtruckcrane.com

R. MARION & SONS TRUCKING LTD

hughestrucking.ca/

SEWERVUE TECHNOLOGY CORP.

604-379-2891 sewervue.com

TELECOM

CONTRACT TELECOMMUNICATIONS INC. jsewing@telus.net 604-936-2255

DAWSON TELECOM NETWORKS INC. ken@dawtel.com 604-944-2600 dawtel.com

TALL CITY TELECOM SOLUTIONS INC. tim.carter@tallcitytelecom.com 778-737-7200 tallcitytelecom.com

TMSI TELEPHONE MANAGED SOLUTIONS tmacdonald@tmsi.ca 604-668-3200 tmsi.tel

WTS WIRELESS TECHNICAL SERVICES INC.

service@radiocontact.com

604-523-1954

wtswireless.com

URBAN PLANNERS

POONI GROUP INC. admin@poonigroup.com 604.731.9053 poonigroup.com

joanne.hunton-sehdev@fortisbc.com 604-592-7450 fortisbc.com

SUNCOR ENERGY

UTILITIES

FORTIS BC

suncor.com

bvanbeek@suncor.com 604-933-3015

TELUS COMMUNICATIONS INC

604-230-9487 telus.com/business

VIDEOGRAPHY

BUTTER STUDIOS

social@butterstudios.ca 604-787-5333 butterstudios.ca

FILMIC PRODUCTIONS

hicaresm@gmail.com 778-682-8193

GALACTIC ENTERTAINMENT

tanya@galactic.ca 604-552-2141 galactic.ca

SHAWN LAM VIDEO video@slvlive.ca

604-554-0250 slvlive.ca

TELL YOUR STORY VIDEOS

louanne@tellyourstoryvideos.com 604-908-6142 tellyourstoryvideos.com

WEB DESIGN

A3 CREATIVE SOLUTIONS info@a3creative-solutions.com 604-492-0565 a3creative-solutions.com

AROMA WEB DESIGN design@aromawebdesign.com 778-387-3525 aromawebdesign.com

DAZIL INTERNET SERVICES INC. customersupport@dazil.com 604-998-4674 dazil.com



Honoured to serve as your voice in Ottawa.

ron.mckinnon@parl.gc.ca 604-927-1080 101-3278 Westwood St, Port Coquitlam, BC V3C 3L8

(f) /ronmckinnonlib (iii) @ronmckinnonlib @ronmckinnonlib Www.ronmckinnon.org

MILL & TIMBER PRODUCTS LTD. brucegibson@apgroup.ca

PANOPLY WOOD PRODUCTS LTD. spanter@panoplywoodproducts.ca

panoplywoodproducts.ca

Chris@sidcatrading.com

SIDCA TRADING LTD.

604-580-2781

778-855-5826

778-355-7266

604-931-9003

sidcatrading.com

millandtimber.com

NONNAS WOOD SHOP danrewart@gmail.com

MPOWEREDWEBS charles@mpoweredwebs.com 778-789-3007 mpoweredwebs.com

OI MARKETING - WEB DESIGN. SEO &

DIGITAL ADS AGENCY kyle@oimarketing.ca 6049921712 oimarketing.ca

PLACE WEAVE fritz@placeweave.com

778-230-0774 placeweave.com

SIMIAN STUDIOS

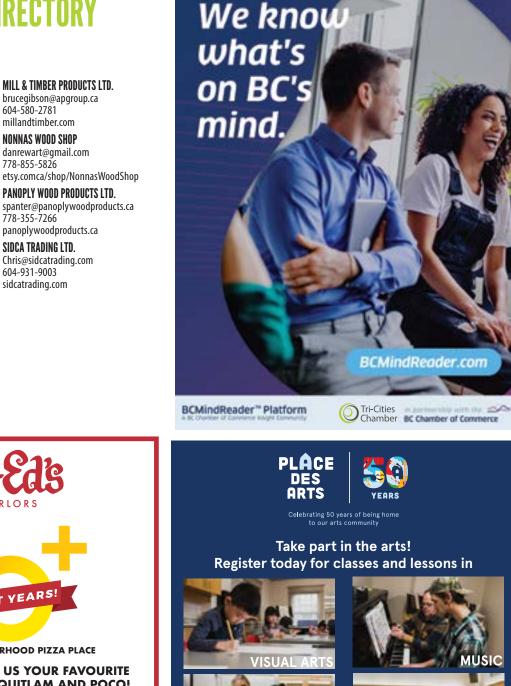
davidh@simian-studios.ca 778-388-0764 simian-studios.ca

WOOD PRODUCTS & SERVICES

385148 BC LTD. DBA PORT MANN LUMBER tnailen@telus.net 604-970-5772

FURTADO FOREST PRODUCTS LTD.

carlos@furtadoforest.com 604-464-9449 furtadoforest.com







ND MORE ARTS

placedesarts.ca | 1120 Brunette Ave., Coquitlam 604.664.1636 | f 오 🖸 @pdacoquitlam

UNPARALLELED EXPOSURE FOR YOUR PROPERTY



MLS Medallion Club (2014 - 2021)Lee & Associates Top Producer (2017 - 2022)**CoStar Power Broker Award Recipient** (2016, 2018 - 2022)

CoStar POWER BROKER AWARD





COMMERCIAL REAL ESTATE SERVICES

Lee & Associates Vancouver 475 West Georgia Street, Suite 800 Vancouver, BC V6B 4M9 T: 604.684.7117 | F: 604.684.1017

Sebastian has over 12 years of market knowledge and experience in the commercial real estate industry. A proven market leader, Sebastian has brokered over \$610,000,000 in aggregate real estate sales & leasing transaction volume, selling over 9,000,000 square feet of real estate, representing landlords, tenants, buyers and sellers in over 650 transactions. If you are considering addressing your real estate requirements or have any questions about the market, please contact him.

leevancouver.com



YOUR ORIGINAL NEIGHBORHOOD PIZZA PLACE

THANK YOU FOR VOTING US YOUR FAVOURITE **PIZZA PLACE IN BOTH COQUITLAM AND POCO!**

We celebrate 51 Years as a small business chain in the Lower Mainland When you have a business you have the opportunity and privilege to become a part of the community - and what a thrill it's been!

To the generations of families and customers we have been serving, we thank you for making us your pizza place.



Industrial Property Specialist

Sebastian Espinosa CCIM, SIOR

Personal Real Estate Corporation Senior Vice President | Industrial D 604.630.3396 C 604.783.8139 sebastian.espinosa@lee-associates.com





in 🎔 🗿 f

EXPERIENCE TRANSFORMATION



Upgrade Job Skills • Self-Paced Online Learning Train For A New Career • Custom Corporate Training Try Something New For Fun



REGISTER TODAY AT CE43.CA

ARE YOU LOOKING TO HIRE SOMEONE?

Have your job posted at our school by emailing your job posting to ccejobboard@sd43.bc.ca



SCHOOL DISTRICT NO. 43 (COQUITLAM) IS HIRING.

sd43jobs.ca

